



## SAFETY TIPS

### Extinguisher Information

Learn how to use a Fire Extinguisher. Use the PASS principle:

**P**ull the pin from the extinguisher

**A**im the nozzle of the extinguisher at the base of the fire

**S**queeze the extinguisher handles to release contents

**S**weep extinguisher from side to side while putting fire out

Get Out Alive. Use the EDITH principle

### Exit Drills In The Home

Practice with your family how to get out in the event of a fire. Feel the bedroom door, if hot look for a second way out. Crawl low to the ground where clean air is. Establish a meeting place outside. Call the Fire Department from a neighbor's home. Never go back into a burning house.

### Safety Tips

1. Dust and dirt are bad for smoke detectors, clean them with a vacuum hose.
2. Everyone should practice fire drills in the home.
3. Clean the lint hose in the rear of a clothes dryer, it gets filled with combustible lint.
4. Keep all matches, lighters, and candles out of the hands of children, children as young as 2 years old can strike matches and start fires.
5. Never leave children (or pets) unattended near operating stoves or burning candles, even for a short time.
6. Make sure pot handles are not within reach of small children.
7. Replace batteries in smoke detectors at least once a year. And replace the entire unit after ten years of service, or as the manufacturer recommends.
8. Don't smoke in bed.
9. Keep medicines, poisons, and cleaning chemicals secured and out of the reach of children.
10. If your clothes catch on fire cover your face with your hands and then STOP, DROP, and ROLL.
11. Do not plug too many cords into one outlet.
12. Do not run an electric cable under a carpet.
13. If your frying pan catches fire, put a lid on it and turn heat off.
14. Keep a pan on fire on the stove. Never move a pan on fire. Never use water on grease fires.
15. If food inside the oven catches fire, keep door closed and turn heat off.
16. Turn Christmas tree lights off before going to bed.

**Did you know cooking fires is the number one cause of fires?  
Kitchen Fires Do's and Don'ts**

| <b>Do's</b>   | <b>Don'ts</b>  |
|---|--|
| Do have an adult with you if you are cooking in the kitchen   | Don't put towels, potholders, or dishrags near stove burner.   |
| Do keep long hair tied back when you are cooking  | Don't wear loose-fitting clothes when you cook and don't reach across the top of the stove while you are cooking.  |
| Do make sure that, if you have a window near the stove, the curtains are tied back and will not hang near a flame or burner.                  | Don't put cookies, candy, or other treats in the cabinets above the stove. Young children may reach them and accidentally start the burner, start a fire, or have their clothes catch on fire. |
| Do make sure that the knobs on the stove are not difficult for a child to turn.   | Don't store spray cans near the stove.   |
| Do check to make sure that the "on" signal light for the burners is working.  | Don't let small children near an open oven door. They can be burned by the heat or by falling into the door or into the oven.  |
| Do turn pan handles to the center of the stove so that children cannot reach them and in order to keep them from being knocked off the stove. | Don't lean against the stove to keep warm.   |
| Do put a non-slip mat in front of the stove to keep you from slipping and falling into a burner.  | Don't use towels as potholders. They may catch fire.   |
| Do check the cords on all appliances regularly for fraying. Exposed wires could cause sparks, short circuits, or electrocution.               | Don't overload an electrical outlet with several appliances or extension cords. The cords or plug may overheat and cause a fire.   |
| Do keep matches out of the reach of children and store in covered metal containers.   | Don't use water to put a grease fire. Only use baking soda, salt, a tight lid, or a fire extinguisher. Always keep an extinguisher in the kitchen.   |
| Do call 911 immediately if your kitchen catches fire, or if you smell a gas odor coming from the stove.                                       | Don't use radios or other small appliances (like blenders) near the sink.  |

## **Holiday fire prevention tips**

### **Christmas trees:**

- Pick a fresh tree. Shake the tree to see if the needles stay on.
- At home hold tree on a stand that won't tip and keep plenty of water around the base of the tree.
- Unplug inside and outside lights before going to bed.
- Do not use lights with worn insulation, broken plugs and loose sockets!
- Do not overload your plugs by stringing together several lights.
- Make sure electrical lights bear the label of an independent testing laboratory.
- Keep tree well away from exits.
- Get rid of tree immediately after the holiday, it is a fire hazard.
- Never use electrical lights on a metal Christmas tree.

### **Space Heaters:**

- Give space heaters space. Keep away from curtains, furniture, or anything that could burn by at least 3 feet.
- Don't use space heater to dry wet clothes.
- Make sure the room has the proper ventilation.

### **Lights and candles:**

- Use child resistant lighters. Keep matches away from the reach of children.
- Do not let children play with lit candles.
- Supervise children at all times.
- Keep candles on a non-combustible surface, such as a metal tray. Make sure if the candle falls or burns all the way down, it will do it inside the tray and not on your furniture.
- Put candles in non-tip holders, candelabra, or menorah.
- Never burn candles near decorations.

### **Party Safety:**

- When using chafing dishes, make sure the sterno is secured in its holder and away from combustibles.
- Use flame-retardant or noncombustible materials for costumes and decorations.
- Make sure ashtrays are large, deep, and will not tip.
- Know where your fire extinguisher is and how to use it.
- After the party, check cushions and furniture for a smoldering cigarette.
- Empty ashtrays; wet their content before dumping them. Put garbage bags outside the house before going to bed.
- Keep an eye on the children and partygoers.
- Don't overload electrical outlets or run extension cords under carpets.
- Avoid buying toys that are highly flammable, and do buy toys with safety in mind.

## **Fire Prevention Videos**

1. City of Pembroke Pines Fire/Rescue Public Relations Video #1 “Serving To Save”
2. City of Pembroke Pines Fire/Rescue Public Relations Video #2
3. Critical Issues Facing Alarm Industry
4. Fire Drills: The Great Escape
5. Fire Drills: NFPA Video 1998
6. Fire Drills: The Life Saving Mission
7. Fire Extinguishers: Fight or Flight
8. Fire Power
9. Fire Prevention/Child: Small Hands, Big Fires
10. Fire Prevention Lecture by Terry Stewart
11. Fire Safety For First Time Babysitters
12. Fire Safety For Kids, Featuring Beasel The Easel and Hector The Smoke Detector
13. Fire Safety In Healthcare Facilities
14. Fire Safety – Lessons For Life
15. Get Out And Stay Out
16. Habitat, International
17. Home Fire Evacuation
18. I Am Fire
19. I’m No Fool With Fire (Disney)
20. In A Flash: The Consequences of Youth Firesetting
21. Inspector Res Q & Firefighter Boo Boo Present (Fire Safety Video)
22. Juvenile Firesetter Prevention
23. Keeping Your Heads Above Water
24. Kindervision: Sharp Viewcam
25. Kindervision: The Wellness Plan
26. Let’s Hear It For Fire Safety; Test Your Detector
27. Plan To Get Out Alive
28. Senior Fire Safety with Jonathan Winters
29. The Burnings: Preventing Fire In Houses Of Worship
30. The Great Escape
31. Ultra Dog
32. Ultra Dog Update
33. Watch What You Heat; Prevent Home Fires

## **Free Brochures Available**

1. After the Fire (Returning to normal)
2. Burns and Injuries
3. Fire Prevention All Over Your Home
4. Fire Safe Holidays
5. Fire Safety for People with Disabilities
6. Fire Safety for Preschoolers
7. Fire Safety in Healthcare Facilities
8. Freddie the Firefighter Coloring Book
9. Home Smoke Alarms/Detectors
10. Kitchen Fire Safety
11. Portable Fire Extinguishers
12. Ten Tips for Fire Safety

