

**Rose Price Park  
901 NW 208<sup>th</sup> Avenue  
Pembroke Pines, Florida 33029**



**XMADA PERSONAL FITNESS**



## **OUR MISSION**

**To guide others toward the amazing experience of living in their bodies with confidence and joy. We are caregivers who try not only to physically inspire others, but also give people the faith to ask more of themselves. We educate to increase the knowledge about the mind, body and soul. It is our mission to promote healthy lifestyle changes in a positive manner until the goals of the individual are accomplished and dreams come true.**

## **“STAY FIT FOR LIFE”**

**We offer a variety of training programs**

**Boot Camp  
Weight Training**

**For more information please contact:  
Angela Andrews**

**954-709-0909 or 1-800-318-9787 Ext.6257**

**[Xmada@bellsouth.net](mailto:Xmada@bellsouth.net)**