

CITY CONNECT

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The City of **PEMBROKE PINES**
Florida

October/November 2023

 Volume 13, Issue 1

Newsflash



The City of Pembroke Pines' digital newsletter, City Connect Newsflash, is a great way to get information quickly and easily via email. Sent twice a month, this digital newsletter is not only informative about events and programs but also shares important information about what is happening in the City regarding meetings and alerts. To sign up, please visit www.ppines.com/Newsflash.

2023 Veterans Employment Expo

The Carl Shechter Southwest Focal Point Community Center is hosting its annual Veterans Employment Expo on Tuesday, October 17, 2023 from 10 a.m. to 2 p.m. at the Center, located at 301 NW 103 Ave. Veterans are encouraged to attend throughout the day, however, doors will open to the general public beginning at noon. It's a great opportunity for veterans to meet directly with hiring managers in the area from a variety of

companies and organizations.

More than 30 employers and over 20 various service agencies that can assist veterans financially, medically, etc. will be in attendance. This Expo is an extension of the City of Pembroke Pines Re-Energize and Re-Connect Initiative whose goal is to provide resources and housing at the R&R Village Veterans Housing, established in 2015 and located on the Howard C. Forman Services



Campus, for active and honorably discharged members of the military. For more information regarding the Veterans Employment Expo, please contact Silvia Aguilar at saguilar@ppines.com or call 954-450-6888.

25th Annual Art and Music Fest in the Pines

The City of Pembroke Pines invites everyone to the 25th Annual Art & Music Fest in the Pines being held at the Charles F. Dodge City Center, located at 601 City Center Way, on Saturday, November 4, 2023 from 11 a.m. to 8 p.m. and on Sunday, November 5, 2023 from 12 p.m. (noon) to 5 p.m. Previously known



as Artfest, this iconic event has been rebranded to celebrate its 25th anniversary and the diversity in the local community.

Art & Music Fest in the Pines is a two-day art and music celebration free to the public that attracts people from the local and surround-

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Pembroke Pines City Commission

From left to right: Thomas Good (District 1), Angelo Castillo (District 4), Mayor Frank C. Ortis, Iris A. Siple (Vice Mayor - District 3), Jay D. Schwartz (District 2)

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PINESVIP

25th Annual Art and Music Fest in the Pines

Continued from page 1

ing communities. Music lovers and art enthusiasts alike can expect an unforgettable weekend filled with live music, artists from all over the country, diverse cuisine courtesy of Gourmet Truck Expo, hands-on art demonstrations, a student art competition, a kids' art and game zone and so much more.

Talented artists will be displaying and selling their work at this juried Art Show. Artist categories include crafts, drawing, painting, jewelry, mixed media, digital art, fine hand-crafts, photography, and wood. This event is a great opportunity for holiday shopping and finding unique, handcrafted items for all ages.

Be sure to mark your calendars for the following activities on November 4: Local students will have their artwork on display as part of the 6th Annual Student Art Competition. Student winners will be announced on the main stage Saturday, November 4 at 2 p.m.

Live music and entertainment on the Plaza will feature an exciting lineup of performances:

Saturday, November 4: interactive belly dancing performance by the Arabian Roses (12:30 p.m.); Rock and Pop Cover band BombShell (3-5 p.m.); Smokin Renegade: A Tribute to Boston and Styx (6-8 p.m.).

On Sunday, November 5: high-energy party band Resonance (12 p.m.-2 p.m.); and Bobby Nathan's Rock and Soul Review featuring Betty Padgett (3-5 p.m.).

The 25th Annual Art and Music Fest in the Pines offers something for everyone. The Kid's Art and Game Zone will feature arts and crafts projects for kids by Pines Art Center's teachers, face painting (Saturday 2 –

4 p.m.) and balloon twisting (Sunday 2-4 p.m.) by Oopsy Entertainment, and there will be a life-size coloring mural. The Color Bubble will also be onsite Saturday from 11 a.m. - 3 p.m. with their mobile art studio to create paintings, slime, and sand art.

The Frank C. Ortis Art Gallery will be offering family friendly artist-led workshops for kids throughout the weekend. Everyone is invited to join environmental artist Melanie Oliva on Saturday, November 4 (12 p.m., 1 p.m., or 3 p.m.). In recognition of Manatee Awareness Month, she

will lead participants through decorating a wooden manage in the style of famous artists like Piet Mondrian, Keith Haring, Yayoi Kusama, etc. A workshop with Mixed Media Artist Lifrancisc Rojas will be held on Sunday, November 5 (1 p.m., 2 p.m., 3 p.m.), where she will instruct participants in creating abstract paintings using mixed media.

Pre-registration at The Frank front desk

during Art & Music Fest is required before each workshop session.

If you are looking for a four-legged addition to your family, nonprofit Pooches in Pines will be onsite on Saturday, November 4 from Noon to 4 p.m. with dogs available for adoption. Please stop by and consider adopting a fur-ever friend.

Thank you to all of our sponsors: Baptist Health South Florida (Main Stage Sponsor), Waste Pro (Awards Breakfast Sponsor), Synalovsk Romanik Saye (Student Art Competition Sponsor), Calvin Giordano and Associates (Kid's Art & Game Zone Sponsor), Florida Blue (Workshop Sponsor), Federal Realty (Friends of the Arts Sponsor), Fast Signs (Friends of the Arts Sponsor) and Intune Health (Friends of the Arts).



Coffee & Create is Back

Studio 18 Art Complex is happy to announce the restart of Coffee & Create on Wednesday, October 4, 2023 from 10 a.m. to 12 p.m. at the Studio 18 Art Complex, located at 1101 Poinciana Drive. At Coffee & Create, participants can make new friends, enjoy unlimited cups of coffee, and create a work of art in Studio 18's beautiful art gallery. This is a fun art class for ages 18+ led by Cultural Arts Coordinator and Art Educator, Aleyah Alli. The cost is \$10 per student with all the materials included.

Coffee & Create workshops are held once a month on a select Wednesday from 10 a.m.-12 p.m. at Studio 18 Art Complex. A new registration window will be open each month. Spaces are limited. Pre-



registration is encouraged.

Projects featured will be: Wednesday, October 4 - Pin-and-Thread Art on a wooden plank; and

Wednesday, November 15 - Harvest themed candleholders. For more information or to register, please call 954-961-6067 or email amohamed@ppines.com.

Savor the Sounds

The City of Pembroke Pines "Savor the Sounds" Music and Food Series is back for all to enjoy. This free concert series is a fusion of music and food trucks held on Sundays from 4 p.m. to 6 p.m. at the Charles F. Dodge City Center, located at 601 City Center Way. This month's concert is being held on October 22, 2023, featuring Cachi y Saoco Nuevo Band, playing Latin Music. The City of Pembroke Pines Art and Cultural Division will also be bringing back Live Painting Artists that will complement the featured musician. October's artist will be Philip Alleman.

There is plenty of room to set up lawn chairs, spread a blanket and enjoy a fun-filled evening with music and delicious food. Food will be available for purchase at the Food Trucks. Please, no pets are allowed. All concerts are held weather per-



mitting and subject to change. Mark your calendars:

- Sunday, October 22, 2023 from 4-6 p.m.
- Sunday, November 19, 2023 from 4-6 p.m.
- Sunday, December 17, 2023 from 4-6 p.m.

For more information and updates on the bands and artists performing, please visit www.ppines.com/specialevents.

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11th Annual Bow Wow Ween

The City of Pembroke Pines 11th Annual Bow Wow Ween will take place on Saturday, October 7, 2023 from 9 a.m. to 12:30 p.m. at the Pembroke Pines K-9 Officer Craig Rupp Dog Park located at 9751 Johnson Street (just east of Palm Avenue). This annual pet Halloween event is fun for all ages, free to attend and a great opportunity to have fun with your fur friend.



Bow Wow Ween is the ultimate Halloween party for dogs and their owners. There will be various dog costume contests for all sizes of dogs with different categories, games, prizes, promotional items from pet related vendors, activities for families, and raffles.

The contest times are as follows: Mr. and Miss Bow Wow Ween contest at 10 a.m., Funniest Costume Contest at 10:30 a.m., Cutest Costume at 11 a.m. Most Original Costume 11:30 a.m. and Best Family Costume at 12 p.m. All awards will be done following each category. Pre-registration by e-mail or up to 30 minutes before each category is required to participate.

Applications for the costume contest can be found online at www.ppines.com and can be emailed to fnovo@ppines.com or brought to the event 30 minutes before the scheduled category. Applications will be available onsite. For more information, please call 954-392-2116.

Pembroke Pines Art & Cultural Center

The Pembroke Pines Art & Cultural Center, located at 901 NW 129 Ave., offers a variety of after-school classes and workshops for children of all ages. Piano, Guitar, and Art Classes are \$50 per month for Pembroke Pines residents and \$60 per month for non-residents. For more information, please email aalli@ppines.com or call 954-743-1799.

their own vinyl design, and create their own frosted glass with Pines Art Center's own Aleyah Alli, art educator and artist. Space is limited. Please email Aleyah Alli, Cultural Arts Coordinator, at aalli@ppines.com or call 954-743-1799 for scheduling.

Here is a sampling of what is offered: Piano classes: Tuesday, Wednesday, and Saturdays for students ages 5 -17. Guitar classes: Tuesday, Wednesday and Saturdays for ages 8 -adults. Art classes: Tuesday, Wednesdays, and Saturdays for students ages 5 -17.

An added note, there will be an Etched Glass Workshop: Thursday, October 26, 2023 at 4 p.m. The fee is \$10 for children ages 12-17. This workshop gives participants the opportunity to learn the history behind the sandblasting technique, make



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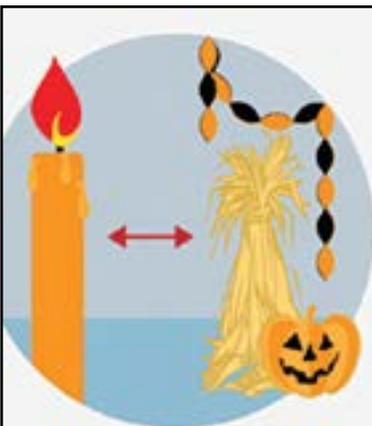


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Natalie Belmonte Great Yards Award

The City of Pembroke Pines has reestablished the Natalie Belmonte Great Yards Award created in memory of Natalie Belmonte, a well-known resident and businesswoman who had a love for nature and who tragically lost her life in July of 2011. Through this competition, the City wants to recognize the hard work that each resident puts into maintaining a beautiful front yard that promotes sustainable landscape practices.

Pembroke Pines residents can begin preparing their yards and think about who to nominate as monthly nominations will begin January 2024. The monthly nominations will be by district: District 1 -- January, May, September; District 2 -- February, June, October; District 3 -- March, July, November; and District 4 -- April, August, December.

An application to enter and more detailed requirements can be found on the City's website at www.ppines.com under the Planning and Economic Development Department. Scroll to Planning, Zoning & Landscaping, click on Landscaping and on the left column there will be a Natalie Belmonte Great Yards Award (NBGYA) tab.

Winners will be recognized at the second City Commission meeting each month (excluding July) and have a sign placed in their front yard for a month. Photos will be taken with permission of the homeowner and will be shown/posted on the city's social media as well as other city media platforms.

For more information, please contact Planning and Economic Development's landscape staff at landscape@ppines.com.



Boo-ville 2023

A fun favorite each year, the City of Pembroke Pines invites Pembroke Pines residents to Boo-ville, where everyone has a frightfully good time. It will be held at the Charles F. Dodge City Center, located at 601 City Center Way, on Wednesday, October 25, 2023 from 6 p.m. to 9 p.m.

There will be Trick or Treating and free activities for the entire family. The first 1,000 children will be treated to pre-made Goody Bags.

Roaming Monsters (judges) will be out and about judging costumes and dance moves for prizes. Many not too spooky surprises are also planned as the entire family will enjoy many different activities all of which will be Halloween themed.

A reminder to all that no pets are allowed, and no face covering masks for guests over 12 are permitted. All "Little Ghouls" must be accompanied by an adult. The event is open for Pembroke Pines residents only and tickets are required. Tickets can be picked up beginning October 9, 2023



at Pembroke Lakes Tennis, located at 10500 Taft Street (954-431-4146) or at Towngate Park, located at 901 NW 155 Ave. (954-450-6895). For more information, please visit www.ppines.com/specialevents.



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Palm Cove Elementary Tips on Supporting a Child's Learning Journey at Home

A partnership between a child's school and home is essential and invaluable in the learning process. Palm Cove Elementary's partnership between the home and school relationship and the support of parents and guardians at home plays a crucial role in enhancing a child's educational experience and fostering a positive attitude towards learning.

Palm Cove's school motto is: "Teaming for Success;" their school goal is: "To promote student achievement and celebrate all stakeholders in a safe family-oriented environment," and their vision is: "The best is yet to come!" The following are some of Palm Cove's tips on how parents can support a child's learning at home:

1. Establish a Consistent Routine: Creating a structured daily routine helps children develop time management skills and a sense of stability. Set consistent wake-up times, study periods, mealtimes, and leisure activities to provide a balanced routine.

2. Designate a Dedicated Study

Space: Designate a quiet and well-lit area for your child to complete their schoolwork. Having a designated space helps minimize distractions and enhances focus.

3. Encourage Active Communication: Maintain open lines of communication with your child. Ask about their school day, their assignments, and any challenges they might be facing. Listening actively and showing genuine interest can help them feel supported.

4. Promote a Growth Mindset: Encourage your child to view challenges as opportunities for growth. Emphasize the importance of perseverance and effort in overcoming obstacles.

5. Balance Screen Time: While digital resources are essential for learning, it's important to balance screen time with other activities like reading physical books, engaging in outdoor play, or pursuing hobbies.

6. Celebrate Achievements: Acknowledge your child's accomplishments, both big and small. Celebrate their efforts and achievements to boost



their self-esteem and motivation.

7. Stay Connected with Teachers: Maintain regular communication with your child's teachers. Attend parent-teacher conferences, check progress reports, and address any concerns promptly.

8. Respect Individual Learning Styles: Every child learns differently. Pay attention to your child's learning style and tailor your support to their needs. Some children might thrive with visual aids, while others prefer hands-on activities.

Involvement and encouragement play a pivotal role in shaping a child's academic success and overall development. For more information, please visit www.browardschools.com/palmcove.

Florida Friendly Landscaping

Since 1993, Florida-Friendly Landscaping™ (FFL) has served as Florida's premier Extension program that promotes sustainable alternatives to "conventional" landscaping, providing guidance on low impact, environmentally friendly, science-based landscape practices that use less water and reduce pollutant loading to Florida waters.

Provided through UF/IFAS Extension, the program encourages Florida residents to use landscaping methods that provide a healthy and beautiful landscape that protects Florida's natural resources utilizing nine science-based principles: Right plant, right place; Water efficiency; Fertilize appropriately; Mulch; Attract wildlife; Manage yard pests responsibly; Recycle yard waste; Reduce stormwater runoff; and Protect the waterfront.

These methods of landscaping are designed to bring the aesthetics that residents want to their yard while being environmentally sustainable. Benefits of these methods include saving money through the reduction of water use, fertilizer, and pesticides; a proper selection of plant material that will thrive; creation of a natural habitat for birds and butterflies; preventing nutrient pollution into our waters; and providing a low maintenance design.

The UF/IFAS Extension website for Florida-friendly landscaping provides all the information and resources needed to begin the process of transforming a garden and landscaping to become a sustainable environment. Residents are encouraged to sign a pledge on their website at <https://ffl.ifas.ufl.edu/about-ffl/ffl-30th-anniversary/> and begin participating in the restoration of Florida's natural environment.



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Veterans Day Observance

A moving celebration, everyone is invited to a Veterans Day Observance on Saturday, November 11, 2023 at Noon at the Charles F. Dodge City Center Memorial Park, located across from 601 City Center Way to honor and recognize the men and women who have served in the U.S. Armed Forces.

The ceremony will feature the presentation of colors, musical performances, and guest speakers.

Veterans Day is a federal holiday (previously known as Armistice Day) dedicated to American veterans of all wars. This day fell on November 11 because that is the anniversary of the signing of the Armistice that ended



World War I in 1918. However, in 1954, this day of reflection was changed to "Veterans Day" to account for all veterans in all wars. In 2016, the Veterans Day Moment of Silence Act was created, calling on people of the United States to observe two minutes of silence on Veterans Day beginning at 3:11 p.m., Atlantic Standard Time, in honor of the service

and sacrifice of veterans throughout the history of the nation.

For more information, please visit www.ppines.com, or follow the city on social media: @cityofpines on Instagram, Twitter (X) or fb.me/cityof-pembrokepines on Facebook.

City is 2023's Third Best City for Hispanic Entrepreneurs



The City of Pembroke Pines has been ranked #3 in a WalletHub study on the Best City for Hispanic Entrepreneurs. WalletHub, an online personal finance company, compared more than 180 U.S. cities across 24 key indicators of business friendliness toward Hispanic entrepreneurs.

The data set of 24 key metrics ranged from the Hispanic entrepreneurship rate to Hispanic income growth to the share of Hispanic-owned businesses. In order to determine the best cities for Hispanic entrepreneurs, WalletHub compared 182 cities — including the 150 most populated U.S. cities, plus at least two of the most populated cities in each state — across two key dimensions, "Hispanic Business-Friendliness" and "Hispanic Purchasing Power." The sample considered only the city proper in each case and excluded cities in the surrounding metro area.

Halloween Fun at SWFP



Halloween is almost here and one of the most fun traditions is the Monster Masquerade! Halloween Dinner Dance with DJ Mack being held at the Carl Shechter Southwest Focal Point Community Center. This year's event, full of great food, music and dancing will take place on Thursday, October 19, 2023. The buffet dinner begins at 5:30 p.m. and is \$15 per person. Reservations are required. The dance starts at 6:30 p.m. A photo booth is sponsored by CarePlus.

There will also be a Halloween Tea Party on Wednesday, October 25, 2023 at 2 p.m. at the Center. The cost is \$20 per person and reservations are required. This is a fun event with a spooky array of tea sandwiches, decadent desserts and assorted teas. Costume dressing is optional.

For more information these and other events and programs at the Center, located at 301 NW 103 Ave., please call 954-450-6888.



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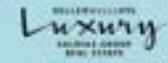



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Save the Date for Snowfest

Save the date for one of the most favorite events of the year – Snowfest. Pembroke Pines residents are welcome to join the City of Pembroke Pines Recreation and Cultural Arts Department for this holiday evening of fun on Saturday, December 2, 2023 from 4 p.m. to 8 p.m. at the Charles F. Dodge City Center, located at 601 City Center Way.

Santa and all his cool friends will be on hand as children have a chance to play in tons of snow, the air will also be filled with the sounds of the holidays with over 300 singers and dancers on the holiday stage, and snow flurries will fly through the air throughout the event. When the magical time comes, Santa and City officials will need everyone's help to light up the 35ft tree on the Plaza. The Annual Tree Lighting Ceremony will take place at 6:30 p.m.



There will be free parking, free rides and free activities. Concessions will be available for purchase. The event is open for residents only and tickets are required. For ticket details, please visit www.ppines.com/spe-cialevents, following the City's social media on Instagram, Facebook, Twitter (X) and Next Door or contact the Special Events office at 954-392-2116.

"Praxis: Time Passing" at Studio 18 Art Complex

Studio 18 Art Complex, located at 1101 Poinciana Drive, is presenting a new exhibition called "Praxis: Time Passing" from October 6 through December 30, 2023. This exhibition revisits the passing of time from the lens of the Studio 18 Art Complex's resident artists, and provides a platform to showcase the artworks created in recent months.

Featured artworks include paintings of influential artists in modern art history, paintings capturing the tranquil atmosphere of Mediterranean towns, mixed media artworks that open the doors to introspection, and an installation that interpret images from the past. The exhibition also includes abstract paintings that range from the expressive explosion of colors to an exploration of text in large format, to paintings that blend science fiction with ancient cultures imagery.

The artists include: Ana Aguer-



revere, Beth Amato, Robert Derrick, Joni Esser-Stuart, Cristina Jaramillo, Reinaldo Lozano, Daniel Marosi, Carl Paoli, Gregg Rivas, Ray Sirois, Carlos Solorzano, Mary Gallagher Stout, and Yochi Yakir-Avin.

An opening reception will take place on Friday, October 6, from 7 p.m. to 9 p.m. and will feature a jazz performance by Nikki Kid, complimentary refreshments and hors d'oeuvres. All ages are welcome. Admission and parking are free.

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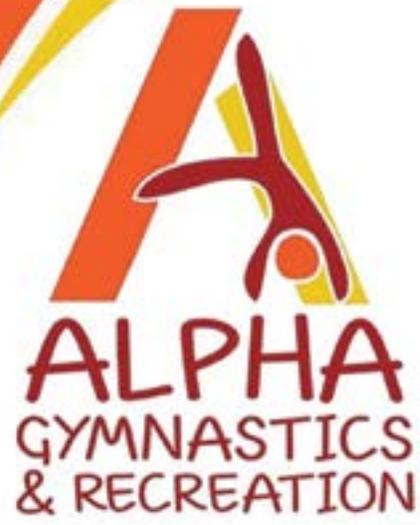
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Terrace, Pembroke Pines FL 33026
Walnut Creek Park – 7701 Taft Street,
Pembroke Pines, FL 33024

• West Pines Girls Softball -
Diamond Dusters – Recreational and
Travel Girls Softball
President Lance Quartermaine
infodiamonddusters@gmail.com
www.diamonddustersfl.com
305-762-9762

Silver Lakes South Park – 17601 S.W.
2nd Street, Pembroke Pines, FL 33029

• BP Academy Girls Softball -
Recreational and Travel Girls Softball
President Sonia Guzman
https://www.bp-academy.com
Beaprodigyacademy@gmail.com
954-647-9683
Fletcher Park – 7900 Johnson Street,
Pembroke Pines, FL 33024

• West Pines United FC – Travel Soccer
President Neil Charley
www.westpinesunited.org
Chapel Trail Park – 19531 Taft Street,
Pembroke Pines, FL 33029

Silver Lakes North Park – 17601 S.W.
2nd Street, Pembroke Pines, FL 33029
954-544-2085

• Pembroke Pines Optimist –
Recreational and Travel Baseball,
Football & Cheerleading, and
Recreational and Travel Soccer
President Jim Ross
954-966-4861
www.pembrokepinesoptimist.org
Pines Recreation Center – 7400 Pines
Boulevard, Pembroke Pines, FL
33024
Maxwell Park – 1200 S.W. 72nd
Avenue, Pembroke Pines, FL 33023

• West Pembroke Pines Optimist –
Recreational and Travel Baseball,
Football & Cheerleading,
Track & Field
President Ronnie Delgado
Football – 954-546-2607
www.wppofootball.com
pasadenapanthersfootball@gmail.com
Baseball – 954-425-9144
www.westpinesbaseball.com
info@westpinesbaseball.com
Pembroke Shores Park – 501 S.W. 172nd
Avenue, Pembroke Pines, FL 33029
Pasadena Park – 8815 Pasadena Blvd,
Pembroke Pines, FL, 33024

• YMCA of Pembroke Pines –
Special Olympic Sports, Basketball,
Volleyball, Flag Football
954-727-9622 ext. 1236
Jocelyn Lata, CTRS, Senior
Program Director
jlata@ymcasouthflorida.org
www.ymcasouthflorida.org
Pembroke Shores Park – 501 SW
172nd Ave, Pembroke Pines, FL 33029

• Anderson Aquatics – Competitive
Swim Team, South Florida Aquatic Club
CEO & Head Coach Christopher
Anderson
954-538-3721
http://www.swim4SoFlo.com
Academic Village Pool – 17191 Sheridan
Street, Pembroke Pines, FL 33331

Deadline Approaching for Art & Music Fest Artists



The deadline for artists to apply to participate in the 25th Annual Art & Music Fest in the Pines, taking place on Saturday, November 4 from 11 a.m. to 8 p.m. and Sunday, November 5, from 12 p.m. to 5 p.m., is fast approaching. The deadline to apply is Wednesday, October 25, 2023. Medium categories include Crafts, Drawing, Jewelry, Mixed media, Digital Art, Painting (watercolor, acrylic, oil) Fine Handcrafts, Photography, Wood, Glass and three Dimensional Sculpture. In addition to the individual medium, "Best In" categories a "Best in Show" winner will also be selected. Participating artists have the opportunity to win upwards of \$4,850 in cash prizes. As an added bonus, the winners will be automatically invited to participate in next year's festival with no jury required.

Interested artists are encouraged to apply via ZAPP searching "Art Fest Pines" or by visiting www.ppines.com/artmusicfest.

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All Student Artists

Applications for the 6th Annual Student Art Competition are now being accepted. The City of Pembroke Pines' Annual Student Art Competition is part of the 25th Annual Art & Music Fest in the Pines held in November. Students residing in Pembroke Pines and/or attending a Pembroke Pines School or a City art class in grades K-12 are eligible to enter the Student Art Competition. Students from each grade level (K-2), (3-5) (6-8) and (9-12) will be eligible to receive the following prizes: 1st Place Win-

ner receives \$100 gift card; 2nd Place Winner receives \$50 gift card; and 3rd Place Winner receives \$25 card.

A completed Artist Application and the student's artwork will be accepted at Studio 18 Art Complex, located at 1101 Poinciana Drive, now through Wednesday, October 18, 2023, until 5 p.m. Winners will be announced on Saturday, November 4, 2023, at the Charles F. Dodge City Center.

For more information, please contact Amelia Mohamed at 954-961-6067 or email her at amohamed@ppines.com. To download the application, please visit www.ppines.com/artmusicfest

Todos los Artistas Estudiantes

Ya se están aceptando ahora las solicitudes para la 6^a Competencia Anual de Arte Estudiantil. Esta Competencia Anual de Arte Estudiantil de la Ciudad de Pembroke Pines es parte del 25^o Festival Anual de Arte y Música en Pines que se lleva a cabo en noviembre. Los estudiantes que residan en Pembroke Pines, asistan a una Escuela de Pembroke Pines o a una clase de arte de la Ciudad en los grados de K-12 son elegibles para entrar a la Competencia de Arte Estudiantil. Los estudiantes de cada nivel de grado (K-2), (3-5) (6-8) y (9-12) serán elegibles para recibir los siguientes premios: el Ganador del 1er Lugar recibe una tarjeta de regalo de \$100; el Ganador del 2^o

Lugar recibe una tarjeta de regalo de \$50; y, el ganador del 3er Lugar recibe una tarjeta de \$25.

Se aceptarán una Aplicación de Artista completa y una pieza de arte del estudiante en el Complejo de Arte Studio 18, localizado en 1101 Poinciana Drive, desde ahora hasta el miércoles 18 de octubre, 2023, hasta las 5pm. Los ganadores serán anunciados el sábado, 4 de noviembre, 2023, en el Centro de la Ciudad Charles F. Dodge.

Para más información, por favor contacte a Amelia Mohamed al 954-961-6067 o escríbale a amohamed@ppines.com. Para descargar la aplicación, por favor visite www.ppines.com/artmusicfest

Time Change

It will be time to set clocks back one hour when Daylight Saving Time (DST) ends on November 5, 2023 at 2 a.m. The switch back to standard time usually takes place automatically for most electronic devices such as computers and mobile phones, however, manually changing clocks in homes and cars has also become a ritual every Spring and Fall.

Despite Senate bills calling for an end to clock changes, it appears that DST will stay for a while. In researching who invented DST, several names are suggested. New Zealand scientist George Vernon Hudson and British builder William Willet are credited for proposing two-hour shifts in March and October in 1895 but it was never followed through. Willet's additional idea a few years later to move clocks ahead 20 minutes each Sunday in April and back on the four Sundays in September caught the eye of Robert Pearce, a British Member of Parliament, who created a bill in 1909 for the first Daylight Saving Bill but it wasn't made into law. The United Kingdom did start using it in 1916.

Other sources credit Benjamin Franklin for coming up with the idea to reset clocks in the summer months as a way to conserve energy. By moving clocks forward, people could take advantage of the extra



evening daylight rather than wasting energy on lighting.

Germany established DST in 1915 as a way to conserve fuel during World War I. The rest of Europe came onboard shortly thereafter. And in 1918, the United States adopted daylight saving time when the Standard Time Act, which established time zones, was passed. However, it was repealed two years later.

Though President Woodrow Wilson wanted to keep daylight saving time after WWI ended, the country was mostly rural at the time and farmers objected, partly because it would mean they lost an hour of morning light. So, DST was abolished until the start of WWII, on February 9, 1942, when President Franklin Roosevelt re-established DST year-round, calling it "War Time."

The current Daylight Saving Time period was established with the Energy Policy Act of 2005, which went into effect in 2007. Today DST is used in over 70 countries worldwide and affects one billion people every year.

Cambio de Horario

Se acerca el momento de retrasar los relojes una hora cuando termine el Horario de Verano (*Daylight Saving Time/DST*) el 5 de noviembre, 2023 a las 2 a.m. Este cambio de la hora generalmente se lleva a cabo de manera automática en la mayor parte de los dispositivos electrónicos como computadoras y teléfonos celulares; sin embargo, el cambio manual de los relojes en las casas y los autos se ha convertido ya en un ritual cada primavera y verano.

A pesar de las propuestas de ley del Senado que hacen un llamado para que terminen los cambios de los relojes, parece que el Horario de Verano va a continuar por un tiempo. Al realizar la investigación de quién lo inventó, se han sugerido varios nombres. El científico neozelandés George Vernon Hudson y el constructor británico William Willet reciben el crédito de haber propuesto cambios de dos horas en marzo y octubre en 1895 pero nunca se aprobó la sugerencia. La idea adicional de Willet, unos años después, de adelantar los relojes 20 minutos cada domingo en abril y retrasarlos los cuatro domingos de septiembre atrajo la atención de Robert Pearce, un miembro del Parlamento Británico, quien creó una propuesta de ley en 1909 que fue la primera Propuesta de Ley de Ahorro de Luz Solar, pero no se aprobó como Ley. El Reino Unido la comenzó a usar en 1916.

Otras fuentes otorgan crédito a Benjamin Franklin por su idea de mover los relojes en los meses de verano como una

forma de conservar energía. Al adelantar los relojes, las personas podrían aprovechar la luz del sol extra de las tardes, al anochecer, en lugar de desperdiciar energía en prender la luz.

Alemania estableció el Horario de Verano en 1915 como una manera de conservar combustible durante la I Guerra Mundial. El resto de Europa lo imitó poco después. Y en 1918, Estados Unidos adoptó esta hora de ahorro de luz del día, cuando se aprobó el Acta de Tiempo Estándar (*Standard Time Act*) que estableció las zonas horarias. Sin embargo, fue revocada dos años después.

Aunque el Presidente Woodrow Wilson quería mantener la hora de ahorro de luz solar, después de haber terminado la II Guerra Mundial, el país era principalmente rural en ese tiempo y los granjeros se opusieron porque eso significaría que perderían una hora de la luz de la mañana. Así que, se abolió el Horario de Verano hasta el inicio de la II Guerra Mundial, el 9 de febrero, 1942, cuando el Presidente Franklin Roosevelt estableció de nuevo el horario de ahorro de luz todo el año, llamándolo "Horario de la Guerra".

El actual periodo de *Daylight Saving Time*, u Horario de Verano, fue establecido con el Acta de Políticas de Energía de 2005, que entró en efecto en 2007. Ahora el cambio de horario para mayor aprovechamiento de luz solar se usa en más de 70 países en todo el mundo y lo hacen millones de personas cada año.

October is Breast Cancer Awareness Month



Every October, throughout the world, people show their support for those affected by breast cancer and help call awareness to prevent breast cancer. National Breast Cancer Awareness Month dates back to October 1985 when the first organized movement to bring attention to the dangers of breast cancer occurred in the United States.

A key action when it comes to prevention is through mammograms and early detection via self-checks. There are different symptoms of breast cancer, and some people have no symptoms at all which is why it's important to have mammograms. Symptoms can include any change in the size or the shape of the breast, pain in any area of the breast, discharge and a new lump in the breast or underarm.

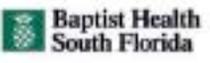
Many factors over the course of a lifetime can influence breast cancer risk. Some factors can't be changed such as getting older or family history, however, risk of breast cancer can be lowered by taking care of your health by keeping a healthy weight, exercising regularly, limiting alcoholic drinks, and breastfeeding if possible.

The City of Pembroke Pines urges residents to please support breast cancer awareness through learning more about breast cancer and how to prevent it, donating to research, encouraging loved ones to get mammograms or to make an appointment today to get a mammogram. In an effort to keep Breast Cancer Awareness top of mind, many city buildings will be lit up in pink.

For more information, please visit www.nationalbreastcancer.org, www.breastcancer.org or www.komen.org.

City of Pembroke Pines – Carl Shechter Southwest Focal Point Community Center Classes and Programs (OCTOBER-NOVEMBER 2023)

301 NW 103rd Avenue | Pembroke Pines, FL | 33026 | Phone: (954) 450-6888

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chair Exercise (Gym 1) 9:00am-10:00am (Video) FREE for SWFP members	Senior Power Fitness (M/Hall) 9:00am-10:00am (Paul) FREE for SWFP members <i>*Sponsor Las Mercedes</i>	Yoga (Gym 1) 9:15am-10:15am (Kim) SWFP members only \$10 per person per month	Senior Power Fitness (M/Hall) 9:00am-10:00am (Paul) FREE for SWFP members <i>*Sponsor Common Health</i>	Zumba (Main Hall) 9:30am-10:30am (Elda) FREE for SWFP members <i>*Sponsor La Colonia Medical</i>
Creative Writing-Spanish (Rm 212) 9:15am-10:15am (Martha) 6 weeks session FREE for SWFP members 9/11/23 – 10/16/23 & 10/30/23 – 12/4/23	Reiki Healing (Gym 1) 9:00am-10:00am FREE for SWFP members <i>*Sponsor Aetna</i>	Zumba (Main Hall) 9:30am-10:30am (Elda) FREE for SWFP members <i>*Sponsor Brightstar Care</i>	Chair Exercise (Gym 1) 9:00am-10:00am (Video) FREE for SWFP members	Meditation Quest (Gym 1) 9:30am-10:30am (Audrey) FREE for SWFP members <i>*Sponsor Health Sun</i>
Water Aerobics (Pool) 9:30am-10:30am (Elda) FREE for SWFP members <i>Limit 12 people</i> <i>*Sponsor CarePlus</i>	Citizenship Classes (Rm 212) 9:00am – 2:00pm	Pottery (Rm 207) 9:30am-11:30am (Mr. D) 6 weeks session (\$45 pp) 9/13/23 – 10/18/23 & 11/1/23 – 12/6/23	Water Base Oil Paint (Rm 209) 9:30am-11:30am (Daniel) 5 weeks session (\$30 pp) 9/28/23 – 10/26/23 6 weeks session (\$35 pp) 11/2/23 – 12/14/23 <i>*No class 11/23</i>	Beginner Acrylic (Rm 209) 9:30am-11:30am (Daniel) 5 weeks session (\$30 pp) 9/29/23 – 10/27/23 6 weeks session (\$35 pp) 11/3/23 – 12/22/23 <i>*No class 11/10 & 11/24</i>
Line Dancing (Main Hall) 9:30am-10:30am FREE for SWFP members <i>*Sponsor Intune Health</i>	Floral Arranging (Rm 209) 9:30am-11:30am (Susana) 2 nd & 4 th Tuesday (\$25 pp) includes materials <i>Limit 10 people</i>	Arts & Crafts (Rm 213) 9:30am-12:30pm FREE for SWFP members <i>Limit 10 people</i>	Beginner Sewing (Rm 213) 9:30am-11:30am (Ellie) 6 weeks session (\$40 pp) 9/14/23 – 10/19/23 & 11/2/23 – 12/14/23 <i>*No class 11/23</i>	Card Making (Rm 213) 10:00am-1:00pm (Deborah) Every Friday – FREE for members
Int. Acrylic (Rm 209) 9:30am-11:30am (Daniel) 5 weeks session (\$30 pp) 9/25/23 – 10/23/23 6 weeks session (\$35 pp) 10/30/23 – 12/4/23	Pottery (Rm 207) 9:30am-11:30am (Mr. D) 6 weeks session (\$45 pp) 9/12/23 – 10/17/23 & 10/31/23 – 12/5/23	Beginner Spanish (Rm 212) 10:00am-12:00pm (Daniel) 5 weeks session (\$30 pp) 9/27/23 – 10/25/23 6 weeks session (\$35 pp) 11/1/23 – 12/6/23	Creative Writing (Rm 212) 10:00am-11:00am (Susan) 6 weeks - FREE members 9/14/23 – 10/19/23 & 11/2/23 – 12/14/23 <i>*No class 11/23</i>	Ageless Grace (S/A) 11:00am-11:30am (Audrey) FREE for SWFP members <i>*Sponsor Caremax</i>
Cardio, Strength & Core (Gym 2) 9:45am-10:45am (Kim) SWFP Members only \$10 per person per month	Embroidery Class (Rm 213) 10:00am-12:00pm (Mercedes) FREE for SWFP members	Water Aerobics (Pool) 10:45am-11:45am (Elda) FREE for SWFP members <i>Limit 12 people</i> <i>*Sponsor All In One Benefits</i>	Salsa with Rosa (Main Hall) 10:30am-11:30am FREE for SWFP members <i>*Sponsor Devoted Health</i>	Chair Total Fitness (M/H) 11:00am-12:00pm (Carlos) FREE for SWFP members <i>*Sponsor Baptist Health 3rd Friday Gym 2</i>
Crochet & Knitting (Rm 213) 10:00am-12:00pm (Mercedes) FREE for SWFP members	Yoga (Gym 1) 10:30am-11:30am (Peg) SWFP members only \$10 per person per month	20/20/20 (Main Hall) 10:45am-11:45am (Kim) FREE for SWFP members <i>*Sponsor Humana</i>	Tai Chi-Intermediate (Gym 1) 10:30am-11:30am (Nelson) SWFP members only \$10 per person per month <i>*No class 11/23</i>	Advanced Acrylic (Rm 209) 12:00pm-2:00pm (Daniel) 5 weeks session (\$30 pp) 9/29/23 – 10/27/23 6 weeks session (\$35 pp) 11/3/23 – 12/22/23 <i>*No class 11/10 & 11/24</i>
Tai Chi –Beginner (Gym 1) 10:30am-11:30am (Nelson) FREE for SWFP members <i>*Sponsor Simply Healthcare</i>	Tai Chi Fan (Main Hall) 11:00am-12:00pm (Frank) FREE for SWFP members <i>*Sponsor Esencia Therapy</i>	Tai Chi-Beginner (Gym 1) 12:00pm-1:00pm (Nelson) FREE for SWFP members <i>*Sponsor Elite Health</i>	Site Bingo (Main Hall) 12:00pm-2:00pm (\$8 pp) For SWFP members only	Senior Total Fitness (M/H) 12:15pm-1:15pm (Carlos) FREE for SWFP members <i>*Sponsor Baptist Health 3rd Friday Gym 2</i>
English with Morris (212) 10:30am-12:00pm FREE for SWFP members	Chair Yoga (Gym 1) 12:00pm-1:00 pm (Peg) SWFP members only \$10 per person per month	Drawing Fundamentals (Rm 209) 12:30pm-2:30pm (Daniel) 5 weeks session (\$30 pp) 9/27/23 – 10/25/23 6 weeks session (\$35 pp) 11/1/23 – 12/6/23	Intermediate Sewing (Rm 213) 12:30pm-2:30pm (Ellie) 6 weeks session (\$40 pp) 9/14/23 – 10/19/23 & 11/2/23 – 12/14/23 <i>*No class 11/23</i>	
Yoga (Gym 2) 11:00am-12:00pm (Kim) SWFP Members only \$10 per person per month	Zumba Toning (Main Hall) 12:00pm-1:00pm (Frankie) FREE for SWFP members <i>*Sponsor Elite Health</i> <i>*Starts October 3rd</i>	Intermediate Piano (Gym 2) 2:00pm-4:00pm (Phyllis) 6 weeks (\$10 pp) 9/6/23 – 10/25/23 & 11/8/23 – 12/13/23	Intro to Watercolor (Rm 209) 12:30pm- 2:30pm (Daniel) 5 weeks session (\$30 pp) 9/28/23 – 10/26/23 6 weeks session (\$35 pp) 11/2/23 – 12/14/23 <i>*No class 11/23</i>	
Site Bingo (Main Hall) 12:00pm-2:00pm (\$8 pp) For SWFP members only	Figure Drawing (Rm 209) 12:30pm-2:30pm (Daniel) 5 weeks session (\$30 pp) 9/26/23 – 10/24/23 & 6 weeks session (\$35 pp) 10/31/23 – 12/5/23	LIVE: SoFIA Tech Connect FREE Computer/iPad/iPhone Classes For more info call or email SoFIA: (954) 484-7117 Techservices@thesofia.org	Beginner Piano (Gym 2) 2:00pm-4:00pm (Phyllis) 8 weeks (\$10 pp) 9/7/23 – 10/26/23 & 11/9/23 – 12/14/23	
Colored Pencil (Rm 209) 12:30pm-2:30pm (Daniel) 5 weeks session (\$30 pp) 9/25/23 – 10/23/23 6 weeks session (\$35 pp) 10/30/23 – 12/4/23	Salsa with Rosa (Main Hall) 1:00pm-2:00pm FREE for SWFP members <i>*Sponsor Caremax</i>			
Songbirds (Gym 2) 12:30pm-2:00pm (Alex) FREE for SWFP members	Advanced Piano (Gym 2) 2:00pm-4:00pm (Phyllis) 6 weeks (\$10 pp) 9/5/23 – 10/24/23 & 11/7/23 – 12/12/23			
	Bingomania (Main Hall) <i>Last Tues of Month</i> 2:30pm-4:30pm (\$12 pp) For SWFP members only <i>*No Bingomania Nov & Dec</i>			
	Night Bingo (Main Hall) 1 st Tuesday of the Month 6:00pm-9:00pm (\$20 pp) <i>*No Bingo Nov & Dec</i>			

Revised: 9/8/23

City of Pembroke Pines – Carl Shechter Southwest Focal Point Community Center
Clases y Programas (OCTUBRE/NOVIEMBRE 2023)
301 NW 103rd Avenue | Pembroke Pines, FL | 33026 | Phone: (954) 450-6888

**Octubre es el Mes de
 Concientización del
 Cáncer de Mama**

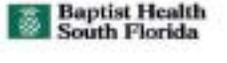
Cada mes de octubre, en todo el mundo, las personas muestran su apoyo a las personas afectadas por el cáncer de mama y ayudan a aumentar la concientización para prevenirlo. El Mes Nacional de Concientización del Cáncer de Mama data de octubre de 1985 cuando ocurrió el primer movimiento organizado en Estados Unidos para atraer la atención sobre los peligros del cáncer de mama.

Una acción clave cuando se trata de prevención es a través del mamograma y la detección temprana mediante el autoexamen. Hay diferentes síntomas en el cáncer de mama, y algunas personas no tienen síntoma alguno, por lo cual es importante que se hagan el mamograma. Los síntomas pueden incluir cualquier cambio en el tamaño o la forma de la mama, dolor en cualquier área del pecho, secreción, y la aparición de una nueva masa en el área mamaria o en la axila.

Muchos factores en el curso de la vida pueden influir en el riesgo de cáncer de mama. Algunos factores no pueden cambiar, tales como el envejecimiento o la historia familiar; sin embargo, el riesgo de cáncer de mama se puede reducir cuidando la salud al mantener un peso saludable, hacer ejercicio regularmente, limitar el consumo de bebidas alcohólicas, y amamantar si es posible.

La Ciudad de Pembroke Pines urge a los residentes a que por favor apoyen la concientización del cáncer de mama aprendiendo más sobre este tipo de cáncer y cómo prevenirlo, donando para la investigación, exhortando a sus seres queridos a que se hagan el mamograma o a que programen una cita hoy para hacerse. En un esfuerzo para mantener presente en la mente la Concientización del Cáncer de Mama, muchos edificios de la ciudad se iluminarán de color rosa.

Para más información, por favor visite www.nationalbreastcancer.org, www.breastcancer.org o www.komen.org.

LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
Ejercicio en Silla (Gym 1) 9:00am-10:00am (Video) GRATIS para miembros SWFP	Senior Power Fitness (M/Hall) 9:00am-10:00am (Paul) GRATIS para SWFP miembros <i>* Patrocinado Las Mercedes</i>	Yoga (Gym 1) 9:15am-10:15am (Kim) Para miembros SWFP \$10 por persona por mes	Senior Power Fitness (M/Hall) 9:00am-10:00am (Paul) GRATIS para miembros SWFP <i>* Patrocinado Common Health</i>	Zumba (Main Hall) 9:30am-10:30am (Elda) GRATIS para miembros SWFP <i>* Patrocinado La Colonia Medical</i>
Escritura Creativa - Español (Rm 212) 9:15am-10:15am (Martha) 6 semanas GRATIS para miembros SWFP 9/11/23 – 10/16/23 y 10/30/23 – 12/4/23	Curación Reiki (Gym 1) 9:00am-10:00am GRATIS para miembros SWFP <i>* Patrocinado Aetna</i>	Zumba (Main Hall) 9:30am-10:30am (Elda) GRATIS para miembros SWFP <i>* Patrocinado Brightstar Care</i>	Ejercicio en Silla (Gym 1) 9:00am-10:00am (Video) GRATIS para miembros SWFP	Meditation Quest (Gym 1) 9:30am-10:30am (Audrey) GRATIS para miembros SWFP <i>* Patrocinado Health Sun</i>
Aeróbicos Acuático (Piscina) 9:30am-10:30am (Elda) GRATIS para miembros SWFP Límite 12 personas <i>* Patrocinado CarePlus</i>	Clases de Ciudadanía (Rm 212) 9:00am – 2:00pm	Clase de Alfarería (Rm 207) 9:30am-11:30am (Mr. D) Sesión de 6 semanas (\$45 pp) 9/13/23 – 10/18/23 y 11/1/23 – 12/6/23	Pintura al óleo a base de agua (Rm 209) 9:30am-11:30am (Daniel) Sesión de 5 semanas (\$30 pp) 9/28/23 – 10/26/23 Sesión de 6 semanas (\$35 pp) 11/2/23 – 12/14/23 <i>*No clase 11/23</i>	Acrílicos Principiante (Rm 209) 9:30am-11:30am (Daniel) Sesión de 6 semanas (\$35 pp) 7/28/23 – 9/1/23 y Sesión de 5 semanas (\$30 pp) 9/29/23 – 10/27/23
Line Dancing (Main Hall) 9:30am-10:30am GRATIS para miembros SWFP <i>* Patrocinado Intune Health</i>	Arreglos Florales (Rm 209) 9:30am-11:30am (Susana) 2do y 4to Martes (\$25 pp) Incluye todos los materiales Límite 10 personas	Clase Manualidades (Rm 213) 9:30am-12:30pm GRATIS para miembros SWFP Límite 10 personas	Costura Principiante (Rm 213) 9:30am-11:30am (Ellie) Sesión de 6 semanas (\$40 pp) 9/14/23 – 10/19/23 y 11/2/23 – 12/14/23 <i>*No clase 11/23</i>	Fabricación de tarjetas (Rm 213) 10:00am-1:00pm (Deborah) Cada viernes GRATIS para miembros
Acrílicos Intermedios (209) 9:30am-11:30am (Daniel) Sesión de 5 semanas (\$30 pp) 9/25/23 – 10/23/23 Sesión de 6 semanas (\$35 pp) 10/30/23 – 12/4/23	Clase de Alfarería (Rm 207) 9:30am-11:30am (Mr. D) Sesión de 6 semanas (\$45 pp) 9/12/23 – 10/17/23 y 10/31/23 – 12/5/23	Español Principiante (Rm 212) 10:00am-12:00pm (Daniel) Sesión de 5 semanas (\$30 pp) 9/27/23 – 10/25/23 Sesión de 6 semanas (\$35 pp) 11/1/23 – 12/6/23	Creative Writing (Rm 212) 10:00am-11:00am (Susan) GRATIS para miembros SWFP Sesión 6 semanas (en inglés) 9/14/23 – 10/19/23 y 11/2/23 – 12/14/23 <i>*No clase 11/23</i>	Ageless Grace (S/A) 11:00am-12:00pm (Audrey) GRATIS para miembros SWFP <i>* Patrocinado Caremax</i>
Cardio, Strength & Core (Gym 2) 9:45am-10:45am (Kim) Para miembros SWFP \$10 por persona por mes	Clase de Bordados (Rm 213) 10:00am-12:00pm (Mercedes) GRATIS para miembros SWFP	Aeróbicos Acuático (Piscina) 10:45am-11:45am (Elda) GRATIS para miembros SWFP Límite 12 personas <i>* Patrocinado All In One Benefits</i>	Salsa con Rosa (Main Hall) 10:30am-11:30am GRATIS para miembros SWFP <i>* Patrocinado Devoted Health</i>	Total Fitness en Silla (M/H) 11:00am-12:00pm (Carlos) GRATIS para miembros SWFP <i>* Patrocinado Baptist Health</i> 3er viernes Gimnasio 1
Crochet y Tejido (Rm 213) 10:00am-12:00pm (Mercedes) GRATIS para miembros SWFP	Yoga (Gym 1) 10:30am-11:30am (Peg) Para miembros SWFP \$10 por persona por mes	20/20/20 (Main Hall) 10:45am-11:45am (Kim) GRATIS para miembros SWFP <i>* Patrocinado Humana</i>	Tai Chi-Intermedia (Gym 1) 10:30am-11:30am (Nelson) Para miembros SWFP \$10 por persona por mes <i>*No clase 11/23</i>	Acrílico Avanzado (Rm 209) 12:00pm-2:00pm (Daniel) Sesión de 6 semanas (\$35 pp) 7/28/23 – 9/1/23 y Sesión de 5 semanas (\$30 pp) 9/29/23 – 10/27/23
Tai Chi-Principiante (Gym 1) 10:30am-11:30am (Nelson) GRATIS para miembros SWFP <i>* Patrocinado Simply Healthcare</i>	Tai Chi Fan (Main Hall) 11:00am-12:00pm (Frank) GRATIS para miembros SWFP <i>* Patrocinado Esencia Therapy</i>	Tai Chi-Principiante (Gym 1) 12:00pm-1:00pm (Nelson) GRATIS para miembros SWFP <i>* Patrocinado Elite Health</i>	Site Bingo (Main Hall) 12:00pm-2:00pm (\$8 pp) Para miembros SWFP	Senior Total Fitness (M/H) 12:15pm-1:15pm (Carlos) GRATIS para miembros SWFP <i>* Patrocinado Baptist Health</i> 3er viernes Gimnasio 1
Inglés con Morris (212) 10:30am-12:00pm GRATIS para miembros SWFP	Silla de Yoga (Gym 1) 12:00pm-1:00 pm (Peg) Para miembros SWFP \$10 por persona por mes	Fundamentos Dibujo (Rm 209) 12:30pm-2:30pm (Daniel) Sesión de 5 semanas (\$30 pp) 9/27/23 – 10/25/23 Sesión de 6 semanas (\$35 pp) 11/1/23 – 12/6/23	Costura Intermedia (Rm 213) 12:30pm-2:30pm (Ellie) Sesión de 6 semanas (\$40 pp) 9/14/23 – 10/19/23 y 11/2/23 – 12/14/23 <i>*No clase 11/23</i>	
Yoga (Gym 2) 11:00am-12:00pm (Kim) Para miembros SWFP \$10 por persona por mes	Zumba Toning (Main Hall) 12:00pm-1:00pm (Frankie) GRATIS para miembros SWFP <i>* Patrocinado Elite Health</i> <i>*Comienza el 3 de Octubre</i>	Piano Intermedio (Gym 2) 2:00pm-4:00pm (Phyllis) Sesión de 8 semanas (\$10 pp) 9/6/23 – 10/25/23 y 11/8/23 – 12/13/23	Intro a la Acuarela (Rm 209) 12:30pm- 2:30pm (Daniel) Sesión de 5 semanas (\$30 pp) 9/14/23 – 10/19/23 Sesión de 6 semanas (\$35 pp) 11/2/23 – 12/14/23 <i>*No clase 11/23</i>	
Site Bingo (Main Hall) 12:00pm-2:00pm (\$8 pp) Para miembros de SWFP	Dibujo de Figura (Rm 209) 12:30pm-2:30pm (Daniel) Sesión de 5 semanas (\$30 pp) 9/26/23 – 10/24/23 Sesión de 6 semanas (\$35 pp) 10/31/23 – 12/5/23	SoFIA Tech Connect Clases Computadora/iPad/iPhone GRATIS Para más detalles: (954) 484-7117 Techservices@thesofia.org	Piano para Principiantes (Gym 2) 2:00pm-4:00pm (Phyllis) Sesión de 8 semanas (\$10 pp) 9/7/23 – 10/26/23 y 11/9/23 – 12/14/23	
Lápices de Colores (Rm 209) 12:30pm-2:30pm (Daniel) Sesión de 5 semanas (\$30 pp) 9/25/23 – 10/23/23 Sesión de 6 semanas (\$35 pp) 10/30/23 – 12/4/23	Salsa con Rosa (Main Hall) 1pm-2pm GRATIS para miembros SWFP <i>* Patrocinado Caremax</i>			
Songbirds (Gym 2) 12:30pm-2:00pm (Alex) GRATIS para miembros SWFP	Piano Avanzado (Gym 2) 2:00pm-4:00pm (Phyllis) Sesión de 8 semanas (\$10 pp) 9/5/23 – 10/24/23 y 11/7/23 – 12/12/23			
	Bingomania (Main Hall) Última Martes del mes 2:30pm-4:30pm (\$12 pp) Para miembros de SWFP <i>*No Bingomania Nov y Dec</i>			
	Bingo de Noche (Main Hall) Primer martes del mes 6:00pm-9:00pm (\$20 pp)			

Available for Adoption

There are always animals looking for their “forever” home through Pooches in Pines, a community group of dedicated volunteers in Pembroke Pines that helps unite dogs found by the Pembroke Pines Police with their owners. Though approximately 70% of dogs found are reunited with their owners, those who are not are fully vetted, bathed and then are fostered in temporary homes until a new loving home is found through an adoption process. We encourage those wishing to share a forever home with these and other deserving dogs to check out www.poochesinpines.com. The adoption fee is \$250.

The following dogs are now available for adoption:

Onyx is a male Lab mix, approximately one year old and 42 pounds. He is very social, friendly and playful and appears to get along with other dogs. Onyx is curious about cats so he will probably chase them if he has the chance. He is still a pup at heart, knows some commands but will need basic training for good behavior. Onyx is up to date on vaccines and will be neutered upon foster or adoption.

Stevie is approximately 3 years old and 55 lbs. She is a lovable and playful girl, loves attention and knows some commands. She’s definitely a mixed breed, possibly a Kelpie/Pittie mix. Stevie gets along with other dogs and loves to play fetch. With other dogs, she can play a bit rough at times but doesn’t mean harm. Stevie will sometimes bark at outside cats but we’re unsure how she would do living with one. She is named after Stevie Nicks because

she has a beautiful voice (talking/howling) and may have part Husky in her. She does this when she wants attention. Stevie’s foster mom says she is very playful, loyal and people oriented. She is mostly play and companionship motivated and can be considered a bit “clingy” and follows people around the house. Although she likes to play, she also enjoys taking naps and resting on the couch. She is very smart and understands her name and when she’s being told “no”. She could still use some basic training on commands which she will learn pretty quickly. Stevie is not destructive in the home and sticks to playing with her toys. Stevie seems mostly housebroken once she is on a schedule and familiar in the home, is vaccinated and healthy, and will be spayed and microchipped soon.

Benny is a male Pitbull, about 3 years old and 60 pounds. He is very sweet, playful and appears to get along with other dogs but we’d always do a meet and greet to be sure. Benny has seen outdoor cats but doesn’t show much interest. He is well mannered and understands commands like sit, stay and down. Benny walks well on leash and rides well in the car. He is up to date on vaccines and will be neutered soon.

Dennis is the sweetest Chihuahua and was found in the middle of an intersection with his father, George. He is estimated to be 10 - 13 years old, and he’s in pretty good shape for his age. His heart is good and he’s up to date on vaccines. He is scheduled for a dental and neuter soon. Dennis is housebroken and potty trained. He has not had any messes inside the

Panther Run Elementary: Environmental Stewardship

Panther Run Elementary School has been designated an Everglades Gold School which supports the Everglades Foundation, a non-profit organization dedicated to leading efforts to restore and protect the greater Everglades ecosystem.

The school’s teachers, parents and students united to learn, explore and support the Foundation through engaging activities. Students were able to gain insight into the Everglades habitat and the importance of its preservation. Their community-wide reading initiative focused on Marjorie Stoneman Douglas’ work in raising awareness about environmental issues.

Panther Run’s dedicated Planeteers Eco-Friendly Club also creatively fundraised for the Everglades by selling used books and alligator brace-



lets. “With 90% of our staff trained to teach Everglades and Science curriculum, we’re nurturing an environment where awareness and action are seamlessly woven into the fabric of our school,” said Dr. Shannon Michael Chacona, Assistant Principal at Panther Run Elementary. “At Panther Run Elementary, green practices and environmental stewardship aren’t just subjects of study – they’re the foundations of a brighter, more sustainable future we’re building together.”

foster house. He loves going on long walks with his foster mom and his favorite activity in the whole world is getting belly rubs. Dennis would make a great couch companion to anyone looking to add fur to their life. He does well in a crate and is a pretty good eater. Besides his father George, we don’t know how he acts with other dogs but if they bark at him, he will bark back. It’s not known how he is with cats

George is estimated to be over 14 years, but his exact age is unknown. He is a sweet little guy and looking for a home to rest quietly and comfortable for the rest of his days. George was found with his (suspected) son sitting in the middle of an intersection all by themselves. George is a Chihuahua mix and weighs 13.6 lbs. He gets along fine

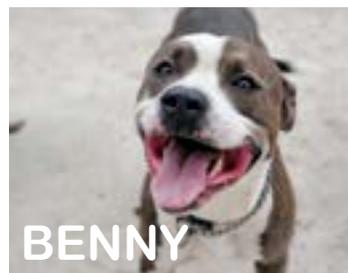
with other dogs and doesn’t pay much attention to them. He gets anxious around cats and barks at them. Otherwise, George is a very quiet dog, housebroken and potty trained. George may have the start of dementia as he will pace around the house (until he’s comfortable) and sometimes he doesn’t realize where he is until he gets into a routine. He’s doing great at his foster home and is finally relaxed. George is not much of a cuddle dog yet and usually sleeps quietly buried in his blankets. The vet gave George his rabies vaccine and he’s already neutered. He is up to date on heartworm and flea medication. Unfortunately, he has a grade 4 heart murmur but not taking medication as of yet. He does have arthritis all over his body that comes with age.



ONYX



DENNIS



BENNY



GEORGE



STEVIE

Fire Prevention Week

Every year the Pembroke Pines Fire Rescue Department, along with firefighters and safety advocates nationwide, join forces with the National Fire Protection Association (NFPA) during Fire Prevention Week. This year Fire Prevention Week runs from October 8-14, 2023. The theme, "Cooking safety starts with you. Pay attention to fire prevention," aims to remind people of the importance of taking the right actions to keep themselves and those around them safe when cooking.

According to the NFPA, cooking fires are the leading cause of home fires and injuries. Unattended cooking is the leading cause of cooking fires and death. In a typical home fire, you may only have one to two minutes to escape from your home once the smoke alarm sounds. While accidents do happen, it's important to know ways to prevent cooking fires and injuries.

The Pembroke Pines Fire Rescue Department has the following tips to staying safe: Be on alert, do not cook if you are sleepy or have consumed alcohol; Always stay in the kitchen while cooking and if roasting, grilling, or broiling make sure to check on your food regularly. Use a timer to remind you that you are cook-

ing; If you have a small grease fire, simply smother the flames by sliding a lid over the pan and turning off the burner. For an oven fire turn off the oven and keep the door closed; Keep anything that can catch fire such as oven mitts, potholders, towels, food packaging, and wood utensils away from the burner where it can catch fire; Turn the pot handles toward the back of the stove to avoid tipping over; and Keep a "kid-free" zone of at least 3-feet around the stove, oven, and areas where hot food or drinks are prepared.

Remember to never try to fight a large fire, and if you have any doubt about fighting a small fire just get out, close the door behind you to help contain the fire, and dial 9-1-1 from outside your home.

The Pembroke Pines Fire Rescue Department has invited all students attending schools in the City, K through 5th grade, to participate in an Annual Fire Safety Poster Contest which promotes this year's theme. This activity provides students with the opportunity to learn about the importance of fire safety and cooking safety, while showing their creativity.

For more information about Fire Prevention Week and safety tips please visit www.ppines.com/1586/Fire and click on safety or classes and programs or www.firepreventionweek.org

New Exhibition at The Frank

America The Beautiful: The Monumental Landscapes of Clyde Butcher is the newest exhibition being held at The Frank C. Ortis Art Gallery October 19, 2023 through December 30, 2023. Visitors will experience an array of diverse places of wilderness and respites found throughout all of America and appreciate the beauty across the land. This exhibition features over 30 large format silver gelatin photographs of natural spaces and treasured landscapes from the Redwood forests of California to the Everglades swamps of Florida. The images document the changing environment and raise awareness of the remote places captured with Clyde

Butcher's camera.

All are welcome to an Opening Reception of the exhibition which will be held on October 19 from 6 p.m. to 9 p.m. at The Frank, located at 1101 Poinciana Drive. The evening will feature complimentary refreshments and hors d'oeuvres and music by tiny.blips, a musician based in South Florida who creates indie, soul and experimental beats. Admission and parking are free.

At this time, The Frank Aisles will host Boundless Palace by artist Andrea Huffman, and The Third Space gallery will feature Messy, Real, Human by Laura Atria.



America the Beautiful
The Monumental Landscapes of Clyde Butcher

OPENING RECEPTION: OCTOBER 19, 6PM-9PM

October 19, 2023 - January 11, 2024

The Frank
601 City Center Way
Pembroke Pines, FL 33025
954.392.2120
thefrankgallery.org

PEMBROKE PINES THEATRE OF THE PERFORMING ARTS

OCTOBER 21 - NOVEMBER 05

THE SUSAN B. KATZ THEATRE
17195 SHERIDAN ST
PEMBROKE PINES FL 33331

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or Call (954) 890-1868

PPTOPA 15 A 501(c)(3) ORGANIZATION

**ONE
TWO
THREE
FOUR
FIVE
SIX
SEVEN
EIGHT
NINE
TEN
ELEVEN
-TWELVE--
-ANGRY MEN-**

By Reginald Rose

Prepare Your Home



Ready

Raising Positive Children Forum

As part of the City of Pembroke Pines award winning series Raising Positive Children, parents, grandparents/guardians, educators and youth advocates are invited to experience a very special forum called “Communicating with Your Child – Take Home Techniques” on Thursday, October 12, 2023 from 6:30 p.m. to 8 p.m. at the Charles F. Dodge City Center, located at 601 City Center Way.

The special guest speaker is Dr. Laura Cruz, Psychologist and Director of the Student Assistance Program (SAP) for the City of Pembroke Pines Charter Schools, who will share “take home techniques” to help caregivers and parents improve communication with their child(ren). She will specifically focus on how to handle difficult conversations at home, foster healthy media usage and support children working through their concerns or fears. Live presentations will help demonstrate the application of these skills. Dr. Cruz is a psychologist specializing in

child and adolescent clinical psychology with expertise in helping the families of children and adolescents with emotional and behavioral challenges. She has presented locally and nationally at various professional conferences, published articles, and coauthored a textbook chapter on the topic of behavioral parent training.

This is the 12th in a series of presentations hosted by Pembroke Pines Vice Mayor Iris A. Siple, West Campus Charter School Principal Michael Castellano, the Education Roundtable Forum and the City of Pembroke Pines to call attention to and find solutions for the many issues parents and children face today at home and at school.

Those who attend are also invited to take advantage of community resource information that will be available in the lobby. Admission and parking are free. No Ticket is required; registration is encouraged. For more information, please call 954-450-1030.

Stay Connected

The city’s newly redesigned website at www.ppines.com is the place to go for residents and visitors looking for City of Pembroke Pines information about programs, activities, meetings and more. Easy to use buttons and quick access tabs make finding information easy and user-friendly. Another helpful tool, Pines Pal located on the bottom right, can help visitors to the site find information via a specific question. There are also many informational specialty sections addressing hurricanes, child safety, and mental health, as well as a Welcome New Residents tab under Resident Resources to help new residents to the city find information quickly. Please visit the City’s YouTube channel under Pembroke Pines Media for a quick new website tutorial.

Social media is also a great option to see what’s happening in the city and the community. “Like” our Facebook page at www.facebook.com/



[cityofpembrokeppines](https://www.instagram.com/cityofppines) and follow us on Instagram and Twitter @cityofppines. The City can also be found on NextDoor at City of Pembroke Pines.

The newest addition to the city’s communications tools is City Connect Newsflash, a digital newsletter sent via email twice a month. Residents can subscribe by providing their email via www.ppines.com/Newsflash.

Residents can also tune their television to Pines Media TV which creates programming for all ages and covers city meetings. Pines Media TV can be seen locally on Comcast Channel 78, and on AT&T U-verse by finding Channel 99 and clicking on Pembroke Pines Media. Commission Meetings are live-streamed for convenience.

Short videos of what’s happening throughout the city, tutorials and virtual classes are also posted on the city’s YouTube page at www.youtube.com under Pembroke Pines Media, and Commission Meetings are live streamed. We welcome everyone to subscribe to the city’s YouTube channel, which is free, to ensure exciting events aren’t missed. The Frank Art Gallery and the Studio 18 Art Complex both share numerous workshops and exhibition videos on the city’s YouTube.

Information is also sent from the City to local newspapers, television stations and radio stations to keep residents informed. In case of a hurricane, you will typically see city information scrolled on the bottom of the screen of local TV stations. And seven digital signs throughout the city also post important information and updates regarding programs and activities.

If you prefer to read City Connect on your phone or computer, digital versions in both English and Spanish can be found at www.ppines.com under Office of Communications.

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PEMBROKE PINES

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Fall Flea Market & Bazaar

With over 100 vendors selling their wares, the Flea Market and Bazaar being held Saturday, October 28, 2023 from 8 a.m. to 3 p.m. and Sunday, October 29 from 9 a.m. to 3 p.m., is the best place to find treasures at the Carl Shechter Southwest Focal Point Community Center, located at 301 NW 103 Ave.

Shoppers will find an array of one-of-a-kind items, clothes, toys, jewelry, old clocks, tools, radios and an eclectic mix of treasures. Emilio's Café will be open for refreshments. And, donations of non-perishable canned goods for the Center's Thanksgiving Food Drive can be



made and are greatly appreciated. Donation drop off can be found at the entrance of the Center.

Admission and parking to the Flea Market are free. Come early, come more than once. For more information, please call the Center at 954-450-6888.

Exciting New School Year at Pasadena Lakes Elementary

Pasadena Lakes Elementary, an "A" school, has many exciting activities planned for the 2023-2024 school year, including continuing the school's campus beautification projects started last year. The media center also has been renovated and was ready to welcome students to the new school year.

The school's STEM program is busy helping students become expert

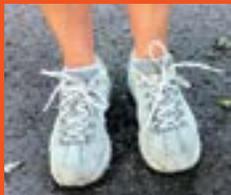


scientists with all grade levels learning about the nature of science, life, earth and physical science as well as experiencing hands-on science in the STEM classroom.

Last month the students participated in Peace Week with a variety of activities, including a Walk for Peace held during the students' recess. For more information about school activities and all the exciting programs planned this year, please visit www.browardschools.com/pasadenalakes.

WALKTOBER

The City of Pembroke Pines
2023 Walktober Fitness Challenge



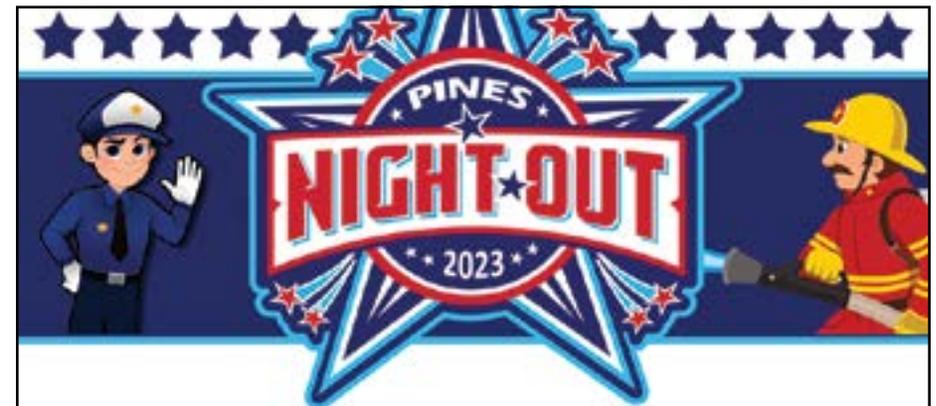
Ponte a prueba para moverte y sentarte menos este octubre, ¡y más allá!

- Camine 31 minutos todos los días durante 31 días en octubre
- Caminata en grupo todos los lunes, de 9 a 10 am en el centro con un instructor certificado
- Reciba orientación nutricional y pesarse semanalmente
- Premios GRATIS al final del mes según el desempeño
- Sorteo GRATUITO al final del mes para todos los participantes registrados



Evento GRATUITO para todos los miembros SWFP registrados!

Carl Shechter Southwest Focal Point Community Center
301 NW 103 Ave | Pembroke Pines, FL | (954) 450-6888



FREE Pembroke Pines Safety Event for All

**Friday, October 27th 2023
6PM to 9PM
Charles F. Dodge City Center
601 City Center Way**

**Meet Your Local Police Officers, Fire Fighters,
Specialty Agencies, Local Businesses and More!**

**Celebrate the 50th Anniversary of the
Pembroke Pines Fire Department!**



ENJOY FOOD, MUSIC & COSTUME CONTESTS

Contact the PPPD Community Affairs Unit at 954-436-3274
or email CAU@ppines.com for more information.

Extra Mile Day—Empowering Positive Change

Extra Mile Day is celebrated every year on November 1st to recognize individuals and organizations who are “going the extra mile” to support local community events and services. Each year the City of Pembroke Pines participates in this effort and will continue to do so with a proclamation that will be presented at a Commission Meeting in November.

The vision of motivational author Shawn Anderson, Extra Mile Day was created in 2009 with 23 inaugural cities. Today over 550 cities participate. His non-profit organization, Extra Mile America, challenges mayor’s throughout the country to encourage residents to ‘go the extra mile’ in pursuit of dreams, in over-



coming tragedy, and tackling challenges by making a commitment to volunteerism and service. They hope to promote the possibility of change created by one positive word, action and attitude at a time.

This year, the organization hopes to encourage over 1,000 people to take the Extra Mile Pledge which can be done at www.ExtraMileAmerica.org.

Pines Police Officer Shines at Police “Olympics”

Sergeant Jennifer Martin recently traveled to Winnipeg, Manitoba, Canada to participate in the 2023 World Police & Fire Games where she competed in nine pool-related swimming events, as well as the two-mile open water swim. She earned eight gold medals, two silver medals, and set four new World Records in this Olympic-style competition.

More than 8,500 athletes, representing law enforcement, firefighters and first responders from 60+ countries, participated in the 10-day competition of 63 sports. This was the largest sporting event ever hosted in Manitoba with athletes from all over the world meeting in Winnipeg to compete.



Sergeant Martin’s success came just six weeks after she traveled to San Diego, CA to compete in the United States Police & Fire Games. While there she won 13 gold medals - setting eight new records in both swimming and indoor rowing events. Congratulations to Sergeant Martin on her achievements.

22nd Annual Storybook Festival

The 22nd Annual StoryBook Festival (SBF), sponsored by the Broward Public Library Foundation in partnership with the City of Pembroke Pines and supported by the Friends Southwest Regional Library and Pembroke Pines Charter School at the Academic Village, is being held on Saturday, November 18, 2023 from 10 a.m. to 3:30 p.m. at the Southwest Regional Library, located at 16835 Sheridan Street.

The StoryBook Festival is a place where kids and families can enjoy a magical experience that encourages a love of reading and libraries by bringing stories to life through a variety of ways such as presentations by the finest storytellers and literature-based performance groups. The theme for this year’s Festival is: “Heroes, Myths and Legends: A Quest through Stories.”

Reading about myths and heroes exposes children to great literature, fosters an interest in other cultures, provides a moral code by which to live



from lessons on empathy and self-confidence.

SBF also provides a creative opportunity to inform the community about Broward County

Library’s vast array of programs and resources for all ages. Children can come in costume as their favorite character, join in the StoryBook Character Parade, tell a story at the Swap-pin’ Ground, create art at the Arts & Crafts table, experience virtual reality at the VR Station, and so much more. Children can get their face painted for free and the first 1,000 children will receive a free book to take home.

Children will be entertained by Atlantic Coast Theatre, Children’s entertainer Marci Poppins, Storyteller Pat Nease, Stilt Walkers Bea & Steve, and much more. The Festival will begin with musical presentations from students of the City of Pembroke Pines Recreation & Cultural Arts Department. As in previous years, non-profits will be in attendance, giving visitors insight into what is available in the community.

PLEASE JOIN US

COMMUNITY MEETING

At this meeting, concepts will be presented for your input.

Tuesday, October 10, 2023
5:30PM

Miramar Police Headquarters –
Community Room
11765 City Hall Promenade
Miramar, FL 33025

PEMBROKE ROAD

SW 145 AVENUE TO FLAMINGO ROAD

The purpose of this project is to design a locally supported conceptual design for the segment of Pembroke Road, from SW 145th Ave. to Flamingo Road, that provides safe and comfortable bicycle and pedestrian facilities. (1.55 miles of length)

For more information on this project, please visit BrowardMPO.org/project-development/pembroke-road

Teen Art Club

The Frank Gallery's Teen Art Club continues to meet in the Frank's classroom space. This program offers free monthly art workshops for teenagers ages 13 to 16 to explore artistic mediums and creative expression with artist and educator Melanie Oliva.

Meetings occur one Friday a month from 4:30 p.m. to 6:30 p.m.

Teens learn about art, contemporary artists, get creative, and can make some new friends. Advanced registration on Eventbrite is recommended as seating is limited to 20 participants. Upcoming meetings:

Friday, October 20, 2023

4:30 p.m. – 6:30 p.m.

Friday November 17, 2023

4:30 p.m. – 6:30 p.m.

For more information, please visit thefrankgallery.org.

Walter C. Young Peer Counseling Class

Adjusting to new schedules, buildings, classmates, expectations and responsibilities can be very overwhelming for 6th graders which is why this year's Peer Counselors at Walter C. Young Middle School wanted to come up with an idea that welcomed the incoming 6th graders to make them comfortable in their new environment. To do this, the peer counselors launched the "Things I Wish I Knew as a 6th Grader Campaign."

Students broke into teams and created a vast list of advice that would have made their lives easier as 6th graders.

The top ten were as follows:

1. Don't be afraid to ask questions: ask adults and fellow student to help because no one expects you to know everything.
2. Pace yourself: many 6th grade students have never had six different teachers so they need to take time to learn the schedule, teacher's names, the school map, etc. You can't learn everything the first week.
3. Pack extra deodorant/emergency kit: PE students stress the need for deodorant and body spray so pack an emergency supply.
4. Choose your friends wisely: not everyone who is friendly should be called a friend.
5. Stay away from trouble-makers: they will only drag you down with them.
6. Try out for sports: don't be intimidated by the older kids. Try out for every sport that you love.

7. Be kind: making fun of someone or teasing them can do more harm than you know.
8. Eat breakfast: it's hard to focus when hungry.
9. Enjoy 6th grade: enjoy yourself because school gets more challenging from here.
10. Be yourself: do not change for anyone. You are perfect just the way you are.

Many of these tips transcend beyond middle school. The Student Government is also currently working on Wellness Wednesdays to focus on mental health/sharing mental health tips and practice wellness activities; and a Harvest Food Drive.

Silver Palms Kindness Crew Loves Their School

Silver Palms Elementary teachers, staff, and administration were very excited to welcome students back to school with the halls once again filled with laughter and children chatter. During planning week's welcome back breakfast and training, the staff took part in team building activities that reinforced their 2023-2024 school year excitement with the focus on "WE LOVE OUR SCHOOL."

Walking through the hallways, the bright gold, fuchsia, and teal confetti that adorns bulletin boards highlights the message of kindness that describes the school's culture. Creating a warm and welcoming environment in the school community is a team effort and the school's teachers model kind and respectful behavior and teach students lessons on kindness and respect as well as the other eight core character traits outlined in Broward Schools District's Character Education Curriculum.

To cultivate and spread kindness further, all the teachers and staff hold and distribute golden kindness tickets. They are given to children



who demonstrate kind and respectful acts throughout the day. Recently a fifth grader volunteered that another student should get a kindness ticket for picking up trash from lunch that was dropped.

The new school year has also brought many new families to Silver Palms. The entire school is excited for this new school year and are so pleased that these families want to make this friendly neighborhood school the place where their children can learn and grow.

What did you
want to be

when
you grew
up...?

...well. dreams have to start somewhere.

City of Pembroke Pines
Early Development Center

School for Twos, Threes and VPK

954.322.3350

**12200 Sheridan Street,
Pembroke Pines, FL 33026**

Flanagan High School is Ready to Unleash

Flanagan High School's theme this year is "Unleashing Potential, Inspiring Excellence. Embrace, Engage, Excel: Falcons in Action!" As a Cambridge International School, Flanagan offers a variety of courses this school year including the Advanced International Certificate of Education (AICE), an innovative and accelerated method of academic study that gives students admission to the world's best universities; and accelerated courses, such as Advanced Placement and Dual Enrollment courses. A popular Workforce Dual Enrollment program is the Broward College Aviation Maintenance program where students who participate in the Aviation Maintenance program complete postsecondary coursework while in high school.

The school also welcomed new Falcons at the Freshman Invasion held recently. The 9th grade students



were able to meet administration and guidance, take a tour of the campus, and learn more about athletics and the many clubs at FHS. Various students at FHS are also in the 3DE program which offers real-world activities through Project Based Learning experiences.

In addition, football, swimming, volleyball, and cross-country sports are now in season. Students are geared up and are ready for an amazing school year and ready to Embrace, Engage, and Excel.

Annual Thanksgiving Food Drive

For the past 20 years, the Carl Shechter Southwest Focal Point Community Center together with donations from schools, businesses and residents has helped 100 families in the Pembroke Pines community by providing generously filled bins with various canned & dried foods, turkeys and much more for a bountiful Thanksgiving meal.

To help with this year's food drive, please call (954) 450-6888. Dona-



tions must be in no later than Thursday, November 9, 2023 and can be dropped off at the Center, located at 301 NW 103 Ave.

The City of Pembroke Pines proudly presents
CHRIS MACDONALD'S
Memories of Elvis in Concert

Saturday, October 21st, 2023 at 7:30pm

Charles F. Dodge City Center
601 City Center Way, Pembroke Pines, FL 33025

For tickets and more information, call 954.392.2137
or visit CharlesFDodgeCityCenter.com



This is the one time each year that persons 18 years and up can elect to make changes in their health insurance coverage. At this presentation, insurance companies will have the opportunity to explain the benefits of their plans and answer any public questions.

DATE: Thursday, October 12, 2023

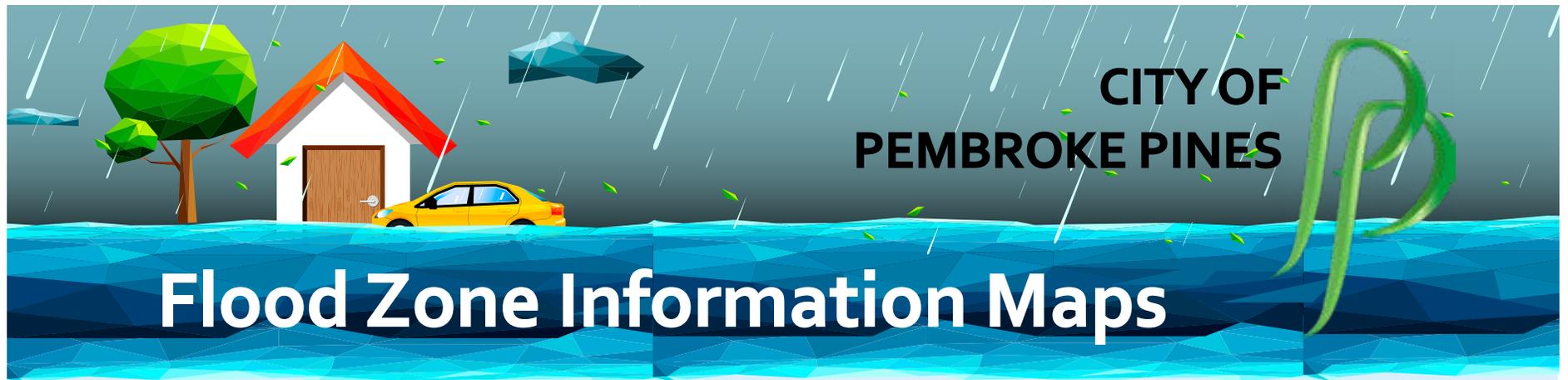
TIME: 10:00 am – 12:00 pm

The City of Pembroke Pines

Carl Shechter Southwest Focal Point Community Center

301 NW 103rd Avenue | Pembroke Pines, FL 33026 | (954) 450-6888





Flood and Hurricane Reminders

Everyone Should Know Their Flood Zone!

Residents can call the City of Pembroke Pines at 954-518-9040 and provide a property’s address to find:

- In which Flood Zone a property is located
- If a property is in an area that has had drainage problems or multiple flood insurance claims filed in the past, and
- If a property is in an area that should be protected due to its natural floodplain functions.

Elevation Certificates are on file for some buildings in the city. Please contact the Engineering Department at 954-518-9040 to see if one is on file, or send an email with your name and the building’s address to murdaneta@ppines.com.

Property Protection

City staff will give advice and visit properties upon request to review a flood problem and explain ways to help you protect your property from flood damage. Call 954-518-9040 for more information about this free service. Valuable information on flood

protection is also available on the FEMA website at www.fema.gov/national-flood-insurance-program.

No Dumping Into Stormwater Drainage System

It is unlawful to dump any material of any form, type or nature into the city’s stormwater drainage system or any waterways which would pollute, block or otherwise detrimentally effect the rate of flow of water through the drainage way, except if the material has been permitted and authorized by the city. If you witness or know of any illegal activity, please call the Utilities Department at 954-518-9060 or Broward County Resilient Environment Department Monday through Friday from 8 a.m. to 4:30 p.m. at 954-831-4000, or at all other times call 954-519-1499 and leave a message with your name, phone number, and a brief description of the concern.

A Reminder about Flood and Hurricane Warnings

The City of Pembroke Pines and Broward County depend on the

National Weather Service (NWS) for impending flood notifications. The NWS will issue flood advisories at least six hours prior to expected heavy rainfall and possible flooding. Tune to local radio and television channels and *The Weather Channel* for updates.

The city utilizes the CodeRED Emergency alert system which allows the city to notify residents and businesses via telephone, email and/or text of an impending emergency. Resident can register for CodeRED on the city’s website at www.ppines.com or by calling 954-450-1060. Please keep the city informed of your current contact info for CodeRED. In addition to information found on the city’s website under Pembroke Pines Prepared, there will also be a special page dedicated to an impending storm. Please also follow the City on social media for important public safety information before, during, and after the storm:

YouTube (PembrokePines Media), Twitter/ Instagram (@city of ppines), Facebook (@cityofpembrokepines) Nextdoor; search for

“City of Pembroke Pines”.

A Message from the Mayor

For many people, their home and its contents represent their greatest investment. Most standard homeowner’s, businesses owner’s or renter’s insurance policies typically do not cover property losses due to flooding. The City of Pembroke Pines encourages all property owners and renters to purchase flood insurance for your property whether you are an owner or a renter to protect your building and its contents from significant financial losses from flooding. There is usually a 30-day waiting period after purchase before the policy takes effect.

Talk to your insurance agent to determine the appropriate level of protection you need. If you already have flood insurance, be sure it is up to date and that you have contents coverage. Renters take note! The city can provide flood insurance advice. Call 954-518-9040. Because the City of Pembroke Pines participates in the National Flood Insurance Program’s Community Rating System, you will receive a discount on your flood insurance premium. Be sure to look for your discount!

To learn more about flood insurance, please visit www.FloodSmart.gov.

Flood Zone Information

The Federal Emergency Management Agency (FEMA) released preliminary Flood Insurance Rate Maps (FIRMs or flood maps), on December 31, 2019. Some of these flood maps were superseded by updated preliminary flood maps released on

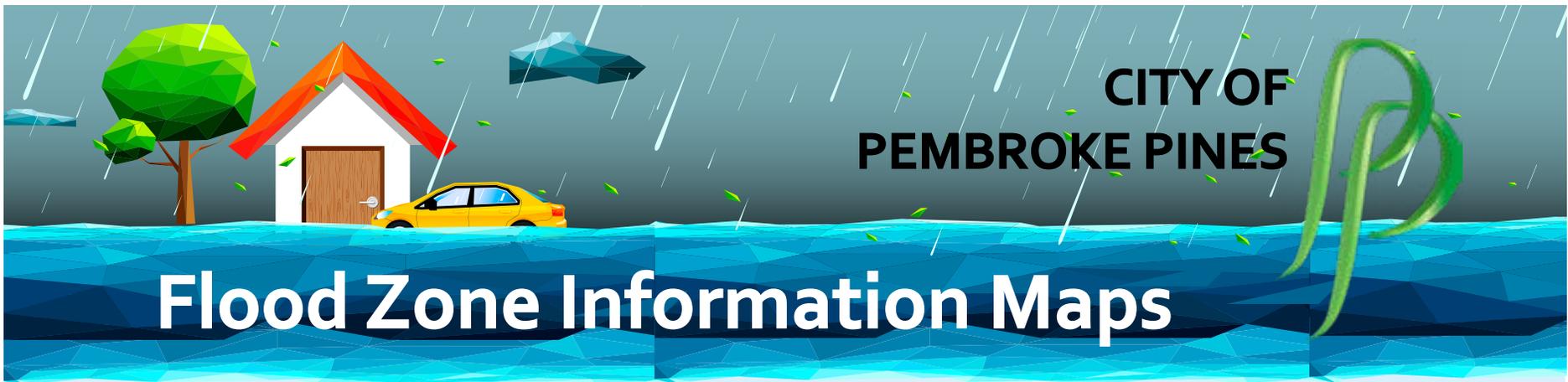
February 25, 2021. Review FEMA’s December 31, 2019 preliminary and February 25, 2021 revised preliminary flood maps and see how these proposed maps may impact your property. We encourage you to see if your property is going to be affected.

Previously, FEMA established that the effective date for the new Broward County flood maps was August 18, 2014. After the effective date, the finalized maps must be used by insurance companies for flood insurance purposes and the updated base flood elevations must

be used for all new construction and substantial improvements to existing construction.

Flood maps are used to:

- determine flood insurance purchase requirements;
- help determine flood insurance rates;



- establish minimum finished-floor elevations for new construction and substantial improvements to existing structures.

By adopting the flood maps, Broward County is assured that FEMA will offer assistance during emergencies and provide flood insurance coverage for county residents.

Currently, residents and businesses in Broward County are encouraged to view the flood maps to better understand their potential flood risk and to help identify steps they may need to take to protect against property damage and loss.

Property owners should consider

purchasing a flood insurance policy, even if it is not mandated for their location. All areas are susceptible to flooding, although to varying degrees.

Flood Zone Designations

The below flood zone designation determines whether or not flood insurance is mandated.

**Frequently Asked Questions
What is a Flood Zone Map?**

Flood zone maps, also called “Flood Insurance Rate Maps” or “FIRMs” are used to assist in the determination of the flood risk to properties. The low- and moderate-risk zones are represented on the maps by the letter “X”, “0.2 PCT” or an “X” that is shaded. The inland

high-risk zones will be labeled with designations such as “A”, “AE”, “AO” or “AH”, and coastal high-risk zones that have additional risk from storm surge will be labeled “V” or “VE”.

What’s a floodplain? How do I determine if my property is in one?

A floodplain is the part of the land where water collects, pools, and flows during the course of natural events. Such areas are classified as Special Flood Hazard Areas (SFHA), and are located in a 100-year flood zone. The term “100-year flood” does not indicate a zone that will flood every 100 years. The term describes a zone with a flood elevation that has a 1 percent chance of being equaled or exceeded each year; it is not the flood that will occur once every 100 years. The likelihood of a flood occurring within a 100-year stretch of time is high, but there is no way to predict when the next flood will occur. The redrawn maps indicate the floodplain as a “high-risk” area, officially classified as an A, AE, AH, VE zone.

What are the benefits of the new flood hazard maps?

The map modernization project will benefit numerous groups of people in different ways:

- Community planners and local officials will gain a greater understanding of the flood hazards and risks that affect Broward County and can therefore improve local planning activities.
- Builders and developers will

have access to more detailed information for making decisions on where to build and how construction can affect local flood hazard areas.

- Insurance agents, insurance companies, and lending institutions will have easy on-line access to updates and upcoming changes in order to serve their customers and community more efficiently.
- Home and business owners will have the ability to make better financial decisions about protecting their properties.

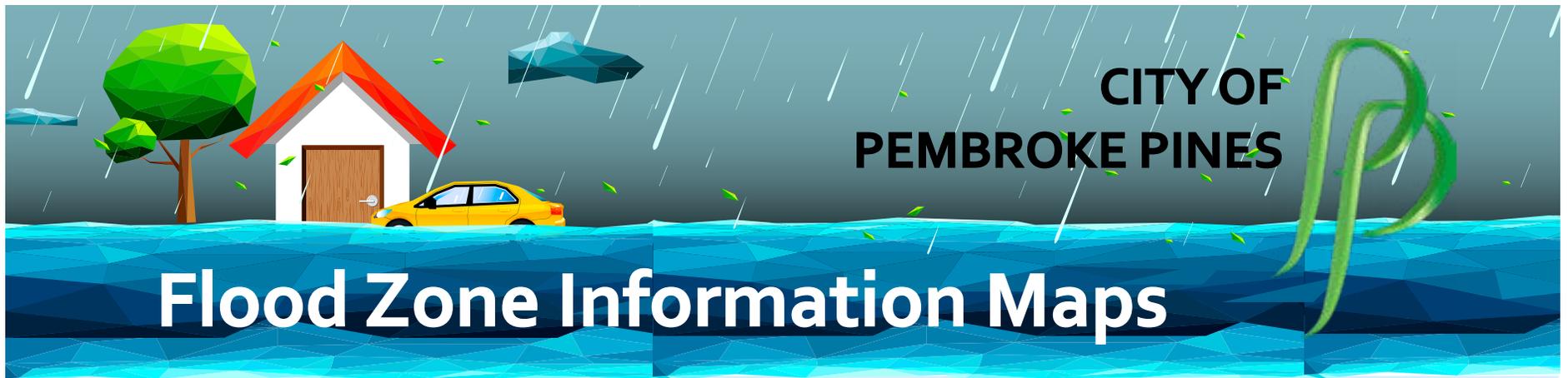
How will the new flood hazard maps affect me?

Neighborhoods across Broward County are affected differently by these map changes. There are some properties that won’t be affected and their risk remains the same. Other properties are to be mapped into a higher-risk area and/or show a new Base Flood Elevation. There are other properties that will be mapped into a lower-risk area and/or show a new Base Flood Elevation.

Will the new flood maps affect me financially?

Replacing household contents damaged by floods could place a significant financial burden on a homeowner or renter without flood insurance. Just a few inches of water from a flood can cause tens of thousands of dollars in damage. Homeowner’s insurance policies do not generally cover damage from floods. However, because Pembroke Pines participates

Zone A	Flood insurance rate zone determined by approximate methods, as no Base Flood Elevations (BFEs) are available for these areas. Mandatory flood insurance purchase requirements apply.
Zone AE	Flood insurance rate zone that corresponds with flood depths greater than 3 feet. Mandatory flood insurance purchase requirements apply.
Zone AH	Flood insurance rate zone that corresponds to areas of shallow flooding with average depths between 1 and 3 feet. Mandatory flood insurance purchase requirements apply.
Zone VE	Flood insurance rate zone that corresponds to coastal areas that have additional hazards associated with storm waves. Mandatory flood insurance requirements apply.
Zone X- Shaded	Flood insurance rate zones that are outside the flood plain or the average flood depths of less than 1 foot. Flood insurance purchase is not mandatory.
0.2 PCT Annual Chance Flood Hazard	
Zone X	



in the National Flood Insurance Program (NFIP), you can purchase a separate flood insurance policy from an insurance agent and benefit from the premium discount available to all Pembroke Pines residents. Flood insurance is backed by the federal government and is available to everyone, even for properties that have been flooded previously. Please note that unless there is a special condition of the mortgage, there normally is a 30-day waiting period between the time flood insurance is purchased and the time coverage is in force.

If your property is in the SFHA and you have a mortgage from a federally regulated or insured lender, flood insurance is required. Even if you do not have a mortgage and you live in the SFHA or you live outside of the SFHA, all property owners and renters should carefully consider the benefits of flood insurance to protect against significant financial losses from floods. For more information visit the following sites: <https://www.floodsmart.gov> or <https://www.fema.gov> or <https://www.fema.gov/flood-insurance>.

Risk Rating 2.0: Equity in Action

Previously, FEMA's rating methodology was a "one-size-fits-all" approach that priced flood insurance based on which flood zone a property is mapped in by FEMA. Practically, this means that two houses located right next to each other could have vastly different insurance premiums if they are mapped in different flood zones by FEMA.

Now, FEMA has changed the way it calculates NFIP premiums. FEMA now uses a program called **Risk Rating 2.0: Equity in Action** to price flood insurance. They do not use the FIRM Flood Zones exclusively. Now, flood insurance rates are decided at the individual property level in an effort to give policyholders a more accurate and transparent picture of flood risk for their home.

The current effective FIRMs will continue to be used by lenders to determine if a building is located within a high-risk flood area or SFHA and if the purchase of flood insurance is mandatory under federal law. Lenders will retain the prerogative to require flood insurance even in the absence of the federal mandate to purchase coverage. The Homeowner Flood Insurance Affordability Act of 2014 established a subsidy for properties that are newly mapped into a SFHA on or after April 1, 2015, if the applicant obtains coverage that is effective within 12 months of the map revision date. Certain properties may be excluded based on their loss history. The rate for eligible newly mapped properties is equal to the Preferred Risk Policy (PRP) rate, but with a higher Federal Policy Fee, for the first 12 months following the map revision. After the first year, the newly mapped rate begins to transition to a full-risk rate, with annual increases to newly mapped policy premiums calculated using a multiplier that varies by the year of

the map change.

The following is FEMA's explanation as to why the NFIP is doing this now. FEMA has a statutory obligation to charge actuarially sound premiums and inform policyholders of their flood risk. Under Risk Rating 2.0, rates will reflect each building's individual flood risk using structure-specific data. Without action, existing inequities would continue with a widening gap between rate payments and claims payouts. Under FEMA's current rating methodology, policyholders with lower-valued homes are paying more than their share of the risk while policyholders with higher-valued homes are paying less. This is because FEMA does not currently consider in its pricing calculation the costs required to rebuild a home if it needs to be replaced. Homes with higher values cost more to reconstruct, so Risk Rating 2.0 improves equity by ensuring home values and premiums are aligned with a property's actual risk. Risk Rating 2.0 will allow FEMA to transform the NFIP into a financially stable program. Some elements of flood insurance will not change with Risk Rating 2.0. For example, the mandatory purchase requirement will still be in place, along with the premium cap that limits rate increases to no more than 18% per year. Premiums are now calculated based on specific features of an individual property, including distance from water, type of flooding, flood frequency, struc-

ture foundation type, height of the lowest floor relative to Base Flood Elevation, prior claims, and the structure's replacement cost value.

Insurance agents who sell Flood Insurance have access to the FEMA program which uses the new methodology to calculate insurance premiums, which is extremely complicated, and they would be the proper person to explain it in greater detail. It is estimated that 80% of existing policies in Florida will see a monthly increase in rates with most being \$10 or less per month.

The cost of properly protecting your home and contents from flood damage is far less expensive than the cost to repair or replace it after a flood has occurred.

Talk to your insurance agent to determine the appropriate level of protection you need and the money savings options that are available.

For additional information about flood insurance, visit the FEMA website and view FAQs About Your Flood Insurance Information Packet. (www.FEMA.gov)

You can also get additional information about South Florida Water Management District's flood control efforts (www.SFWMD.gov) or our local South Broward Drainage District (www.SBDD.org).

There are materials in Spanish and Other Languages

Go to: <https://www.fema.gov>

In upper right corner select your language.

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